

Adolescent Resource Newsletter

February 2015



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health
(www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health. If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Young People Webwatch

 <http://www.thisgirlcan.co.uk/>

Recent campaign from Sport England celebrating active women irrespective of how they look!

Professional Webwatch

 http://www.princes-trust.org.uk/about_the_trust/what_we_do/research/youth_index_2015.aspx
The Prince's Trust Macquarie youth index 2015. The annual youth index tracks the concerns of young people over time, based on a survey of over 2000 16-25 year olds.

 <https://www.gov.uk/government/publications/improving-young-peoples-health-and-wellbeing-a-framework-for-public-health>
Public Health England has published a framework for national and local action to address the specific health needs of young people and ensure their future health (January 2015).

Sexual and Reproductive Health

 www.adolescenthealth.org/Topics-in-Adolescent-Health/Sexual-Reproductive-Health.aspx?utm_source=SAHM%2DInformz&utm_medium=email&utm_campaign=default#resources
The Youth Providers 2.0 initiative — a collaboration between SAHM and Columbia University Mailman School of Public Health — has produced a compilation of Sexual and Reproductive Health Clinical Care Resources intended to provide guidance and resources for adolescent and young adult health care providers and youth serving professionals. It includes clinical care guidelines and resources such as training tools, clinical resources, publications, videos, and webinars.

 www.gov.uk/government/publications/sexual-and-reproductive-health-in-england-local-and-national-data
Sexual and reproductive health in England: a guide to local and national data
This guidance is designed to help health professionals including local government, service providers and commissioners understand the sexual health data that is available across England and how the data can be accessed. It provides an overview of the information available on sexually transmitted infection (STIs), HIV, contraception, conception and abortion.

 <http://www.scotland.gov.uk/Resource/0046/00465948.pdf>
Conduct of relationships, sexual health and parenthood education in schools
This is guidance for teachers in Scotland on the conduct of teaching relationships, sexual health and parenthood education.

 <http://streetdoctors.org/>
StreetDoctors is a charity registered in the UK who change the lives of high risk young people by giving them the skills they need to deliver life-saving first aid. They use first aid as a tool to educate and empower these young people, giving them confidence and a sense of responsibility for their actions, helping to change their attitude towards violence.

 <http://anti-bullyingalliance.org.uk/send-resources/use-of-language/>
Challenging disablist language: a guide for teaching staff. SEN and disability: developing effective anti-bullying practice
This guide addresses name calling and derogatory language which is disablist, examines disablism, its origins and how this is represented in the language, and discusses successful strategies, useful activities, case studies and resources.

 <http://www.ons.gov.uk/ons/rel/wellbeing/measuring-national-well-being/exploring-the-well-being-of-young-people-in-the-uk--2014/rpt---exploring-the-well-being-of-young-people-in-the-uk--2014.html>

The ONS well-being survey released in December showed around one in five young people aged 16-24 reported some symptoms of anxiety or depression in 2011-12. It also reported one in three young people were overweight or obese in 2012. But eight out of 10 16-24s reported high or very high life satisfaction <https://www.gov.uk/government/publications/longitudinal-study-of-young-people-in-england-cohort-2-wave-1>
The Department for Education has released the next phase of its longitudinal study of young people in England. The 'Our future' wave is following a cohort of 13-14 year olds through to the age of 19-20, as they complete the final years of compulsory education and move into training, work and further education.

 <https://www.gov.uk/government/publications/outcomes-frameworks-a-guide-for-providers-and-commissioners-of-youth-services>

Outcomes frameworks: a guide for providers and commissioners of youth services

This guide gives an overview of the most widely applicable outcomes frameworks for providers and commissioners of services for young people

 <http://www.carers.org/timetobeheardreport>

Time to be heard: a call for recognition and support for young adult carers

Based on a large-scale survey of carers aged 14-25, this report highlights the difficulties young adult carers experience in their education, employment, health and socialisation.

 <http://www.nta.nhs.uk/New-guidance-to-support-young-people-in-AE-with-alcohol-problems.aspx>

Young people's hospital alcohol pathways: support pack for A&E departments

This guidance to improve support for young people in A&E with alcohol related problems is aimed at A&E clinicians, hospital managers, substance misuse and young people's commissioners and includes a set of key questions or prompts for professionals to help them develop care pathways within A&E and into other services for young people.

Professional Bookshelf

 Boyd JP, Steiner MJ, Skinner AC, Coyne-Beasley T, Perrin EM. World peace, to be a millionaire, and hoop dreams: adolescent wishes on health screening surveys. *N C Med J*. 2015 Jan-Feb;76(1):9-12.

 Collin SM, Tilling K, Joinson C, Rimes KA, Pearson RM, Hughes RA, Sterne JA, Crawley E. Maternal and childhood psychological factors predict chronic disabling fatigue at age 13 years. *J Adolesc Health*. 2015 Feb;56(2):181-7

 Emond JA, Gilbert-Diamond D, Tanski SE, Sargent JD. Energy drink consumption and the risk of alcohol use disorder among a national sample of adolescents and young adults. *J Pediatr*. 2014 Dec;165(6):1194-200.

 Farre A, Wood V, Rapley T, Parr JR, Reape D, McDonagh JE. Developmentally appropriate healthcare for young people: a scoping study. *Arch Dis Child*. 2015 Feb;100(2):144-51

 Janssens A, Goossens E, Luyckx K, Budts W, Gewillig M, Moons P; for the i-DETACH investigators. Exploring the relationship between disease-related knowledge and health risk behaviours in young people with congenital heart disease. *Eur J Cardiovasc Nurs*. 2014 Dec 30. pii: 1474515114565214. [Epub ahead of print]

 Lennox C. The health needs of young people in prison Br Med Bull (2014) 112 (1): 17-25.

 Mosquera RA, Avritscher EB, Samuels CL, Harris TS, Pedroza C, Evans P, Navarro F, Wootton SH, Pacheco S, Clifton G, Moody S, Franzini L, Zupancic J, Tyson JE. Effect of an enhanced medical home on serious illness and cost of care among high-risk children with chronic illness: a randomized clinical trial. JAMA. 2014 Dec 24-31;312(24):2640-8

 Stroud C, Walker LR, Davis M, Irwin CE Jr. Investing in the health and well-being of young adults. J Adolesc Health. 2015 Feb;56(2):127-9

 Vance SR Jr, Halpern-Felsher BL, Rosenthal SM. Health care providers' comfort with and barriers to care of transgender youth. J Adolesc Health. 2015 Feb;56(2):251-3

 Vogel JP, Pileggi-Castro C, Chandra-Mouli V, Pileggi VN, Souza JP, Chou D, Say L. Millennium Development Goal 5 and adolescents: looking back, moving forward Arch Dis Child. 2015 Feb;100 Suppl 1:S43-7

 Wang LY, Michael SL. Long-Term Health and Medical Cost Impact of Smoking Prevention in Adolescence. J Adolesc Health. 2015 Feb;56(2):160-6

Research Webwatch

 <http://nuffieldbioethics.org/project/children-research/>
Project addressing ethical questions arising out of the involvement of children and young people in research.

 <http://www.transitionstudy.co.uk/assets/benchmarksfortransitionfromchildtoadulthealthservicesfinal.pdf>
Benchmarks for transition – results from the London SouthBank University Transition Research Project

Forthcoming Dates for your Diary!

2015

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February 4	AYPH training day London	http://www.ayph-behealthy.org.uk/training/ AYPH is pleased to announce their first training day for professionals, using the techniques developed on the Be Healthy participation project. The training is young people-led, very interactive and appropriate for anyone working with marginalised groups of young people.
10	Safer Internet Day	to promote the safe, responsible and positive use of digital technology for children and young people. http://www.saferinternet.org.uk/safer-internet-day/2015
March	SAHM annual Meeting	http://www.adolescenthealth.org/Meetings/2015-Annual-

18-21	<i>"Embracing Transitions: Promoting Health Through Adolescence and Young Adulthood." Los Angeles USA</i>	Meeting.aspx Educational submissions: June 5- July 21 Scientific presentations: June 19-August 26
April 15	Public Policy Exchange seminar <i>Domestic Violence and Young People: Tackling Teenage Relationship Abuse London</i>	www.publicpolicyexchange.co.uk
	The Sick! Festival Manchester	An arts festival raising public awareness of healthcare issues will be held in Manchester in 2015.
June 24-26	19th European International Association of Adolescent Health Meeting	Training in Adolescent Health: Moving Forward http://www.iaahlisboa2015.com/
October 12	Royal College of Physicians Transition: Developmentally appropriate care for young people with long term conditions London	Further information to follow

*Do you know of any other useful resources or opportunities for professional development in adolescent health?
If you do, please let us know by email to: janet.mcdonagh@nhs.net*