

# Adolescent Resource Newsletter

## April 2015



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child Health ([www.yphsig.org.uk](http://www.yphsig.org.uk))

**Editor:** Dr Janet E McDonagh, Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology ([janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk))

### **YPHSIG: Young Peoples Health Special Interest Group**

Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website [www.yphsig.org.uk](http://www.yphsig.org.uk)

**\*\*\*Save the Date\*\*\***

**Come and Join our YPHSIG “How to do it” session  
at the RCPCH Spring Meeting  
Tuesday 28 April 1345-1800 in Birmingham**

### **AYPH: Association for Young People’s Health**

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people’s health. If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).

#### **Disclaimer**

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.*

## **Professional Webwatch**

### **Peer-based Youth Programmes**

 <http://mypeer.org.au/>

Includes an evaluation framework and tools designed specifically for peer-based youth programs.

### **Primary Care**

 <http://www.youngpeopleshealth.org.uk/5/our-work/71/gp-champions-project/>

AYPH has launched two new publications containing findings and best practice from our successful three-year GP Champions for Youth Health project, funded by the Department of Health. This project was run in partnership with Youth Access and the RCGP Adolescent Health Group and piloted the concept of linking GPs with the voluntary sector and young people

## Policy and guidance

 <https://www.gov.uk/government/publications/children-and-young-peoples-health-outcomes-forum-2014-to-2015>

### Report of the Children and Young People's Health Outcomes Forum 2014/15

The Forum's second Annual Report looks at the Forum's impact since it was established in January 2012, and looks ahead to what the Forum thinks the next Government should do to improve children and young people's health outcomes. Accompanying the Annual Report are 6 Theme Group reports which set out key questions/challenges and contain examples of good practice. There are also two separate papers – Children and young people's rights in healthcare – a summary; and Why health, education and social care should use the NHS Number as the link identifier for children and young people

 <https://www.gov.uk/government/publications/neet-data-by-local-authority-2012-16-to-18-year-olds-not-in-education-employment-or-training>


**2014 local authority NEET figures** An estimate of the number and proportion of young people not in education, employment or training (NEET) in each local authority.


## The Teenage Brain


 <http://www.bbc.co.uk/programmes/b05mnr29>


A recent BBC Radio 4 interview with Professor Sarah-Jane Blakemore speaking about her research into the workings of the adolescent brain.










## Professional Bookshelf

 Ammerman S, Ryan S, Adelman WP; COMMITTEE ON SUBSTANCE ABUSE, THE COMMITTEE ON ADOLESCENCE; COMMITTEE ON SUBSTANCE ABUSE THE COMMITTEE ON ADOLESCENCE. The impact of marijuana policies on youth: clinical, research, and legal update. *Pediatrics*. 2015 Mar;135(3):e769-85

 Bennett S, Shafran R, Coughtrey A, Walker S, Heyman I. Psychological interventions for mental health disorders in children with chronic physical illness: a systematic review. *Arch Dis Child*. 2015 Apr;100(4):308-316

 Cahill H, Coffey J, Sanci L. 'I wouldn't get that feedback from anywhere else': learning partnerships and the use of high school students as simulated patients to enhance medical students' communication skills. *BMC Med Educ*. 2015 Dec;15(1):315. doi: 10.1186/s12909-015-0315-4. Epub 2015 Mar 7.

 Curtis-Tyler K, Arai L, Stephenson T, Roberts H. What makes for a 'good' or 'bad' paediatric diabetes service from the viewpoint of children, young people, carers and clinicians? A synthesis of qualitative findings. *Arch Dis Child*. 2015 Mar 19. [Epub ahead of print]

-  Geerlings RP, Aldenkamp AP, de With PH, Zinger S, Gottmer-Welschen LM, de Louw AJ. Transition to adult medical care for adolescents with epilepsy. *Epilepsy Behav.* 2015 Feb 10;44C:127-135.
-  Golden NH, Katzman DK, Sawyer SM, Ornstein RM, Rome ES, Garber AK, Kohn M, Kreipe RE. Update on the Medical Management of Eating Disorders in Adolescents. *J Adolesc Health.* 2015 Apr;56(4):370-375
-  Hagell A, Rigby E, Perrow F. Promoting health literacy in secondary schools: A review . *British J School Nursing* 2015 March 16 [Epub ahead of print]
-  Heery E, Sheehan AM, While AE, Coyne I. Experiences and Outcomes of Transition from Pediatric to Adult Health Care Services for Young People with Congenital Heart Disease: A Systematic Review. *Congenit heart Dis* 2015 Feb 9 [Epub ahead of print]
-  Keyes KM, Maslowsky J, Hamilton A, Schulenberg J. The Great Sleep Recession: Changes in Sleep Duration Among US Adolescents, 1991-2012. *Pediatrics.* 2015 Mar;135(3):460-8.
-  Lemer C, Cheung CR, Viner R, Wolfe I. Health policy research: successes and challenges. *Arch Dis Child.* 2015 Apr;100(4):376-379
-  Paul M, Street C, Wheeler N, Singh SP. Transition to adult services for young people with mental health needs: A systematic review. *Clin Child Psychol Psychiatry.* 2014 Apr 7. [Epub ahead of print]
-  Sheehan AM, While AE, Coyne I. The experiences and impact of transition from child to adult healthcare services for young people with Type 1 diabetes: a systematic review. *Diabet Med.* 2015 Apr;32(4):440-58.
-  Sulheim D, Fagermoen E, Sivertsen ØS, Winger A, Wyller VB, Øie MG. Cognitive dysfunction in adolescents with chronic fatigue: a cross-sectional study. *Arch Dis Child.* 2015 Mar 19. pii: archdischild-2014-306764. doi: 10.1136/archdischild-2014-306764. [Epub ahead of print]
-  Tan LB. A critical review of adolescent mindfulness-based programmes. *Clin Child Psychol Psychiatry.* 2015 Mar 25. [Epub ahead of print]
-  Timberlake MD, Corbett ST, Costabile RA, Herndon CD. Identification of adolescent and adult patients receiving pediatric urologic care and establishment of a dedicated transition clinic. *J Pediatr Urol.* 2015 Feb 19. [Epub ahead of print]

## Education and Training Webwatch

 [http://www.youngminds.org.uk/training\\_services/](http://www.youngminds.org.uk/training_services/)

 <https://www.disabilitymatters.org.uk/>

## Forthcoming Dates for your Diary!

2015

<b>2015</b>		
<b>April 15</b>	<b>Public Policy Exchange seminar</b> <i>Domestic Violence and Young People: Tackling Teenage Relationship Abuse</i> <b>London</b>	<a href="http://www.publicpolicyexchange.co.uk">www.publicpolicyexchange.co.uk</a>
<b>28</b>	<b>RCPCH Spring Meeting YPHSIG session</b> <b>1345-1800</b> <b>Birmingham</b>	Includes abstract presentations and workshops on How to.....deliver- adolescent-focussed services How to.... achieve adolescent health training competencies How to.... involve young people in research
<b>June 16-17</b>	<b>Streamling the transition from paediatric to adult health services</b> <b>Brighton (16)</b> <b>Ready Steady Go: Implementing a transition programme</b>	<a href="http://www.sbk-healthcare.co.uk/component/jevents/eventdetail/607/-/streamlining-the-transition-from-paediatric-to-adult-health-services?Itemid=168">http://www.sbk-healthcare.co.uk/component/jevents/eventdetail/607/-/streamlining-the-transition-from-paediatric-to-adult-health-services?Itemid=168</a>
<b>June 24-26</b>	<b>19<sup>th</sup> European International Association of Adolescent Health Meeting</b>	<b>Training in Adolescent Health: Moving Forward</b> <a href="http://www.iaahlisboa2015.com/">http://www.iaahlisboa2015.com/</a>
<b>October 12</b>	<b>Royal College of Physicians</b> <b>Transition: Developmentally appropriate care for young people with long term conditions</b> <b>London</b>	<a href="http://events.rcplondon.ac.uk/details.aspx?e=3575">http://events.rcplondon.ac.uk/details.aspx?e=3575</a> Early Bird deadline 30 April 2015 Abstract deadline: 5pm, 10 July 2015
<b>Nov 11-13</b>	<b>AAAH National Youth Health Conference</b> <b>Melbourne, Australia</b>	<a href="http://www.youthhealth2015.com.au">www.youthhealth2015.com.au</a>

*Do you know of any other useful resources or opportunities for professional development in adolescent health?*

*If you do, please let us know by email to: [janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)*