

Adolescent Resource Newsletter

December 2014



**Seasons Greetings to all our readers
and a very happy and healthy new year to you all.**



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group

Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health. If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Young People Webwatch

 www.e-bug.eu/young_home.aspx?cc=eng&ss=10&t=Young%20adulte-Bug

E-Bug has launched a new website with resources on antibiotics designed for young people aged 15 to 18 years, including lesson plans, debate kits and animations.

Professional Webwatch

Shared Management

 www.advancingqualityalliance.nhs.uk/sdm

Website with information and tools for Shared Decision-Making (adult focus)

Data

 <https://www.gov.uk/government/publications/longitudinal-study-of-young-people-in-england-cohort-2-wave-1>

Longitudinal study of young people in England: cohort 2, wave 1- research report

A survey of the experiences and attitudes of 13-year-olds living in England. This report is based on the responses of the second cohort of young people to be involved in the Longitudinal Study of Young People in England.

 <http://sheu.org.uk/content/page/young-people-2014>

Young people into 2014

Published by the Schools Health Education Unit (SHEU), this is the 28th report in a series of healthy lifestyle surveys conducted with young people since 1977. It contains over 100 health-related behaviour questions and answers from over 30,000 pupils between the ages of 10 and 12. The data have been collected from primary and secondary schools across England

Involvement of Young People

 <http://www.youngpeopleshealth.org.uk/5/our-work/72/strategic-work/>

Young people's views on involvement and feedback in healthcare

This survey, undertaken for the Children and Young People's Health Outcomes Forum, collected young people's views on how they like to be involved in service development or improvement, and how they feel about giving feedback or complaining about health services they have received.

 http://www.childrenscommissioner.gov.uk/content/publications/content_898

They still need to listen more: a report about disabled children and young people's rights in England

This report presents a snapshot of 34 disabled children and young people's views and perceptions about the realisation of their rights as outlined in the UN Convention on the Rights of Persons with Disabilities.

 <http://www.savethechildren.org.uk/resources/online-library/toolkit-monitoring-and-evaluating-childrens-participation>

Evaluation and Monitoring toolkit for children's participation that UNICEF/ StC/ Plan etc have developed

 <http://www.youngscot.net/media/48544/jh-ys-codes-poster-a3-print.pdf>

 <http://www.sccyp.org.uk/education/golden-rules>

Safety (including cyberbullying)

 <https://www.gov.uk/government/publications/preventing-and-tackling-bullying>

Advice for parents and carers on cyberbullying

This advice provides information about how parents and carers can protect their child from cyberbullying and how to tackle it if it happens. It is part of guidance from the Department of Education on preventing and responding to bullying.

 <http://www.fpld.org.uk/publications/safeonline/>

Staying safe on social media and online

This easy read guide includes tips for people with learning disabilities on how to stay safe in social media and online

 <http://www.fpld.org.uk/publications/safeoutandabout/>

Staying safe out and about

This easy read guide offers tips for people with learning disabilities to keep safe when out and about.

 <https://www.gov.uk/government/publications/young-persons-guide-to-the-children-and-families-act-2014>

Young person's guide to the Children and Families Act 2014

This summary of the main changes and provisions of the act and how they may affect children and families has been written in clear uncomplicated language for use by young people

Mental Health and Emotional Well-being

 <http://www.rcpsych.ac.uk/usefulresources/publications/collegereports/cr/cr192.aspx>

Managing self-harm in young people

This report provides updated guidance on managing self-harm in young people up to the age of 18, including people who have a learning disability. It is aimed at commissioners, providers of services, local authorities, psychiatrists, paediatricians, GPs and professionals working with young people.

Substance Use

 www.drugcocktails.ca

a website that provides information about the risks of using recreational drugs with prescribed substances there is a professional site with all the background literature www.drugcocktails.ca/pro

Young Adult Health

 <http://www.iom.edu/Reports/2014/Investing-in-the-Health-and-Well-Being-of-Young-Adults.aspx>
Investing in the Health and Well-Being of Young Adults (October 2014) Institute of medicine of the National
~Archives

LGBT

 <http://www.allsortsyouth.org.uk>
Allsorts – support for young people who are lesbian, gay, bisexual or unsure of their sexuality. Web site:

 www.tht.org.uk
Terrence Higgins Trust – for information, support and advice on HIV and sexual health.

 <http://gendertrust.org.uk>
The Gender Trust- for all transsexuals.

 www.eachaction.org.uk
EACH (Educational Action Challenging Homophobia) – provides support to individuals affected by homophobia and training to organisations committed to realising an equal and safe environment for all regardless of sexuality, age, ethnicity or ability

 www.mermaids.freeuk.com
Mermaids - for children and teenagers who have gender identity problems

 www.schools-out.org.uk/
Schools Out – working towards equality in education for lesbian, gay, bisexual and trans people

 www.stonewall.org.uk
Stonewall – promoting equality for lesbian, gay and bisexual people

Vocational

 www.arthritis.ca/kidsgetittoo
“**Juvenile Arthritis: Kids Get it Too – What Educators Need to Know About Juvenile Arthritis**” gives teachers and other educators a better understanding of how arthritis affects students, and offers suggestions for how to make school a more welcoming place for someone with Juvenile Idiopathic Arthritis JIA.

Professional Bookshelf

 Ahrens KR, Garrison MM, Courtney ME. Health Outcomes in Young Adults From Foster Care and Economically Diverse Backgrounds. *Pediatrics*. 2014 Nov 3. pii: peds.2014-1150. [Epub ahead of print]

 Akre C, Berchtold A, Gmel G, Suris JC. The Evolution of Sexual Dysfunction in Young Men Aged 18–25 Years. *J Adol Health* 2014; 55: 736–743

 Bedford Russell AR, Passant M, Kitt H. Engaging children and parents in service design and delivery Arch Dis Child 2014; 99:1158-1162

 Brierley J, Larcher V. Clinical trials of contraceptive agents in those under 16 years of age: Are they necessary, ethical or legal? Arch Dis Child 2014; 99:1070-1073

 Knecht C, de Alvaro R, Martinez-Raga J, Balanza-Martinez V. Attention-deficit hyperactivity disorder (ADHD), substance use disorders, and criminality: a difficult problem with complex solutions. Int J Adolesc Med Health. 2014 Nov 20

 Lemly DC, Lawlor K, Scherer EA, Kelemen S, Weitzman ER. College health service capacity to support youth with chronic medical conditions. Pediatrics. 2014 Nov;134(5):885-91. doi: 10.1542/peds.2014-1304.

 Ott MA, Sucato GS; Committee on Adolescence. Contraception for adolescents. Pediatrics. 2014 Oct;134(4):e1257-81.

 Prior M, McManus M, White P, Davidson L. Measuring the "Triple Aim" in Transition Care: A Systematic Review. Pediatrics. 2014 Nov 24. pii: peds.2014-1704. [Epub ahead of print] Review.

 Sheehan AM, While AE, Coyne I. The experiences and impact of transition from child to adult healthcare services for young people with Type 1 diabetes: a systematic review. Diabet Med. 2014 Nov 18. doi: 10.1111/dme.12639. [Epub ahead of print]

 Steinbeck KS, Shrewsbury VA, Harvey V, Mikler K, Donaghue KC, Craig ME, Woodhead HJ. A pilot randomized controlled trial of a post-discharge program to support emerging adults with type 1 diabetes mellitus transition from pediatric to adult care. Pediatr **Diabetes**. 2014 Nov 11. doi: 10.1111/pedi.12229. [Epub ahead of print]

 Van Staa AL, Sattoe JNT. Young Adults' Experiences and Satisfaction With the Transfer of Care. J Adol Health 2014;55:7906-803.

Forthcoming Dates for your Diary!

2014-2015

December 5	Arthritis Research UK Centre for Adolescent Rheumatology Symposium. London	www.eventbrite.com/e/adolescent-rheumatology-symposium-tickets-12077063823
5	Transition Study Day (FREE!) London SouthBank University	Organised by the Transition research Group: www.transitionstudy.co.uk For more information: https://www.eventbrite.co.uk/e/transition-study-day-registration-13756017619
2015		
January 21	CAMHS National Networking Forum 2015 Birmingham	http://www.nnf-events.com/national-networking-forum/6-camhs-national-networking-forum
March 18-21	SAHM annual Meeting "Embracing Transitions: Promoting Health Through Adolescence	http://www.adolescenthealth.org/Meetings/2015-Annual-Meeting.aspx Educational submissions: June 5- July 21 Scientific presentations: June 19-August 26

	<i>and Young Adulthood."</i> Los Angeles USA	
	The Sick! Festival Manchester	http://www.mahsc.ac.uk/news/TakepartintheSICK!Festival2015 An arts festival raising public awareness of healthcare issues will be held in Manchester in 2015.
June 24-26	19th European International Association of Adolescent Health Meeting	Training in Adolescent Health: Moving Forward http://www.iaahlisboa2015.com/
October 12	Royal College of Physicians <i>Transition: Developmentally appropriate care for young people with long term conditions</i> London	Further information to follow

*Do you know of any other useful resources or opportunities for professional development in adolescent health?
If you do, please let us know by email to: j.e.mcdonagh@bham.ac.uk*