

Adolescent Resource Newsletter

May 2015



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

Editor: Dr Janet E McDonagh, Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology (janet.mcdonagh@manchester.ac.uk)

YPHSIG: Young Peoples Health Special Interest Group

Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health. If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Young People's WebWatch

 <http://www.jatransition.org/>

US-based Arthritis Foundation Transition Toolkit for young people with juvenile arthritis

 <http://kids.frontiersin.org/about/>

Frontiers for Young Minds is a non-profit scientific journal for which young people serve not only as the target audience, but also as critical participants in the review of manuscripts written by expert researchers. They connect 8-15 year olds directly with leading scientists to provide feedback on articles about cutting-edge discoveries. The end result is a journal of freely available scientific articles that are written by leading scientists and shaped for younger audiences by the input of their own peers

 <http://www.jahonline.org/content/parentsandteens>

new section in the Journal of Adolescent Health which provides access to plain-language summaries of several of articles that contain research of immediate relevance to parents of adolescents and young adults. Direct links to the original articles are included as well

 http://www.rcpch.ac.uk/and_us

New patient voices network webpages on the RCPCH website launched at the Spring Meeting in Birmingham in April 2015.

 www.healthtalk.org

HealthTalk would like to talk to young people about their experiences of local health services, what they think about them and how they could be better. Whether they have a long-term health issue or a one-off experience, they would like to hear about it. This research will help create a new section on the award-winning www.healthtalk.org. On this site you can watch, listen and read young people's real-life experiences of health, illness and lifestyles. For more information Email: suman.prinjha@phc.ox.ac.uk or Text: 07774 629 231

Professional Webwatch

 <http://parentingtroubledteenagers.relate.org.uk/issues-topics/advice-resources/practical-advice/talking-your-teenager>

Part of the Relate website to support parents of teenagers

 <http://www.hhs.gov/ash/oah/tag/>

US government's new adolescent health programme – *Think, Act, Grow*.

 <http://www.nationalvoices.org.uk/>

National Voices is the coalition of health and social care charities in England. They work for a strong patient and citizen voice and services built around people. They stand up for voluntary organisations and their vital work for people's health and care


 www.ayph.org.uk


Promoting young people's health literacy and understanding their help-seeking behaviour
AYPH Exploring Evidence series, March 2015

 https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/412427/LGB_Suicide_Prevention_Toolkit_FINAL.pdf

Preventing suicide among lesbian, gay and bisexual young people: A toolkit for nurses


Professional Bookshelf

 Adams SH, Park MJ, Irwin CE Jr. Adolescent and Young Adult Preventive Care: Comparing National Survey Rates. *Am J Prev Med*. 2015 Apr 29. [Epub ahead of print]


 Calvo I, Antón J, Bustabad S, Camacho M, de Inocencio J, Gamir ML, Graña J, La Cruz L, Robledillo JC, Medrano M, Merino R, Modesto C, Nuñez E, Rúa MJ, Torrente-Segarra V, Vargas C, Carmona L, Loza E. Consensus of the Spanish society of pediatric rheumatology for transition management from pediatric to adult care in rheumatic patients with childhood onset. *Rheumatol Int*. 2015 Apr 28. [Epub ahead of print]


 Cleminson J. Child health research and social media. Arch Dis Child Educ Pract Ed. 2015 Mar 30. [Epub ahead of print]


 Cruikshank M, Foster HE, Stewart J, Davidson JE, Rapley T. Transitional care in clinical networks for young people with juvenile idiopathic arthritis: current situation and challenges. Clin Rheumatol. 2015 Apr 30. [Epub ahead of print]


 Duffy M, McDermott M, Percy A, Ehlers A, Clark DM, Fitzgerald M, Moriarty J. The effects of the Omagh bomb on adolescent mental health: a school-based study. BMC Psychiatry. 2015 Feb 6;15:18. doi: 10.1186/s12888-015-0398-9.

 Hagell A, Rigby E, Perrow F. Promoting health literacy in secondary schools: A review. Br J School Nursing. 2015;10:[Epub ahead of print]

 Majeed-Ariss R, Hall AG, McDonagh J, Fallon D, Swallow V. Mobile Phone and Tablet Apps to Support Young People's Management of Their Physical Long-Term Conditions: A Systematic Review Protocol. JMIR Res Protoc. 2015 Apr 7;4(2):e40. doi: 10.2196/resprot.4159.

 Patel A, Jacobsen L, Jhaveri R, Bradford KK. Effectiveness of Pediatric Pill Swallowing Interventions: A Systematic Review. Pediatrics. 2015 May;135(5):883-889. Review.

 Wiener L, Viola A, Wilfond BS, Wendler D, Grady C. Contrasting views of risk perception and influence of financial compensation between adolescent research participants and their parents. J Empir Res Hum Res Ethics. 2015 Feb;10(1):49-58.

 Resnicow K, McMaster F, Bocian A, Harris D, Zhou Y, Snetselaar L, Schwartz R, Myers E, Gottlieb J, Foster J, Hollinger D, Smith K, Woolford S, Mueller D, Wasserman RC. Motivational Interviewing and Dietary Counseling for Obesity in Primary Care: An RCT. Pediatrics. 2015 Apr;135(4):649-57.

Education and Training

 http://www.ayph.org.uk/publications/623_GPToolkit_ONLINE.pdf

This toolkit from is designed for use in primary care by GPs, practice nurses, practice managers and other health professionals to improve young people's health. It builds on experience from the GP Champions for Youth Health project, funded by the Department of Health and the Paul Hamlyn Foundation, delivered by AYPH.

 <http://cse.brook.org.uk/story.html>

Brook and the Department of Health have jointly developed an online e-learning tool to help health professionals spot the signs of child sexual exploitation (CSE).

 <https://www.minded.org.uk/course/category.php?id=17>

The Health Child Mental Health Framework brings together e-learning from two existing programmes (Healthy Child Programme and Adolescent Health Programme) and one new programme (Healthy School Child Programme) relating to children and young people's mental health. The full programmes are freely available for all healthcare professionals working with children and young people aged 0-18, but as part of the MindEd Programme, the mental health elements are being made freely available to anyone who works or volunteers with children or young people.

Forthcoming Dates for your Diary!

2015

2015		
June 16-17	Streamling the transition from paediatric to adult health services Brighton (16) Ready Steady Go: Implementing a transition programme	http://www.sbk-healthcare.co.uk/component/jevents/eventdetail/607/-/streamlining-the-transition-from-paediatric-to-adult-health-services?Itemid=168
June 24-26	19th European International Association of Adolescent Health Meeting	Training in Adolescent Health: Moving Forward http://www.iaahlisboa2015.com/
July 3	One Day Essentials: Adolescent Health RCGP London	http://www.rcgp.org.uk
July 5-12	XXIIth Euteach summer school University of Lausanne, Switzerland	www.euteach.com or contact janet.mcdonagh@manchester.ac.uk to find out more. Still places available – come join us in beautiful Lausanne by Lake Geneva in July!
October 9	AYPH Be Healthy Professional Training 10am-4pm in London	www.ayph.org.uk The AYPH Be Healthy project is a highly successful model of engaging marginalised young people in important conversations about their health and wellbeing
October 12	Royal College of Physicians Transition: Developmentally appropriate care for young people with long term conditions London	http://events.rcplondon.ac.uk/details.aspx?e=3575 Early Bird deadline 30 April 2015 Abstract deadline: 5pm, 10 July 2015
Nov 11-13	AAAH National Youth Health Conference Melbourne, Australia	www.youthhealth2015.com.au

Do you know of any other useful resources or opportunities for professional development in adolescent health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk