

Adolescent Resource Newsletter

November 2014



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child Health (www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group

Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health. If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Professional Webwatch

<https://www.gov.uk/government/news/state-of-the-nation-2014-report-published>

State of the nation 2014 report

The Social Mobility and Child Poverty Commission's second annual report assesses what the UK, Scottish and Welsh governments are doing on child poverty and social mobility, what progress is being made and what is likely to happen in the future. It also examines the role of employers, councils, colleges, schools, universities, parents and charities and makes a number of recommendations for action.

<http://www.chimat.org.uk/directory>

CHIMAT Data Directory – children, young people and maternity.

Long Term Conditions

http://www.cysticfibrosis.org.uk/media/679785/RES5%20Young%20peoples%20bookletv3_WEB.pdf

Cystic Fibrosis Listening to Us.

The Cystic Fibrosis Trust commissioned AYPH to highlight young people's priorities about improving adolescent care and transition to adult services. This booklet is the result of this work, combining personal stories with messages to medical professionals, schools, parents and other young people.

 <https://www.gov.uk/government/publications/send-guide-for-health-professionals>

SEND: guide for health professionals

A guide for health professionals on the support system for children and young people with special educational needs and disabilities.

<http://training.councilfordisabledchildren.org.uk/course/view.php?name=nhsmodules>

Children and Families Act 2014. Resources from the Council for Disabled children.

<http://www.councilfordisabledchildren.org.uk/what-we-do/networks-campaigning/making-ourselves-heard>

Making Ourselves Heard (MOH) is a network of the Council for Disabled Children, strategic reform partner to the Department for Education. MOH is the leading network focusing on disabled young people's participation

Transitional Care

<http://www.scie.org.uk/care-act-2014/transition-from-childhood-to-adulthood/>

Care Act 2014: transition from children's to adults' services – key resources

This resource pulls together all the existing resources, policy documents and initiatives that relate to transition from children's to adult services.

<http://www.scie.org.uk/care-act-2014/files/transition-from-children's-to-adults'-services-key-resources.pdf>

www.FloridaHATS.org

Health Care Transition Training for Health Care Professionals, a series of 10 online modules that last approximately 15 minutes each, is now available from FloridaHATS. The course is appropriate for any practitioner or support staff involved in the care of adolescents and young adults, and offers free CME/CE for Florida physicians, nurses and allied professionals. It assists with developmental, legal, financial and social considerations in planning for transition from a pediatric to adult care model. The modules integrate new evidence-based materials and interactive tools, including 'Six Core Elements of Health Care Transition 2.0' from Got Transition/Center for Health Care Transition Improvement, a Transition Toolkit, and our Florida-specific planning algorithm with links to local services and resources.

Mental Health

<http://www.rcpsych.ac.uk/usefulresources/publications/collegereports/cr/cr192.aspx>

Managing self-harm in young people

This report provides updated guidance on managing self-harm in young people up to the age of 18, including people who have a learning disability. It is aimed at commissioners, providers of services, local authorities, psychiatrists, paediatricians, GPs and professionals working with young people.

Sexual Health

<http://www.sexeducationforum.org.uk/>


The Sex Education Forum has published guidance advising how parents, teachers and pupils can be involved in the process of reviewing and updating their school's sex and relationships education policy.


Young People in the Care System

<http://www.info4carekids.org.uk/>

Info4carekids, a resource for looked-after children and young people, has been updated. It now includes information about NICE's quality standard on the health and wellbeing of looked-after children and young people.


Professional Bookshelf

 Adolescent Sleep Working Group, Committee on Adolescence and Council on School Health., School start times for adolescents. *Pediatrics* 2014 Sep 134:642

 Aldiss S, Baggott C, Gibson F, Mobbs S, Taylor RM. A Critical Review of the Use of Technology to Provide Psychosocial Support for Children and Young People with Long-Term Conditions. *J Pediatr Nurs.* 2014 Oct 5. [Epub ahead of print].

 Breakey VR, Ignas DM, Warias AV, White M, Blanchette VS, Stinson JN. A pilot randomized control trial to evaluate the feasibility of an Internet-based self-management and transitional care program for youth with haemophilia. *Haemophilia.* 2014 Nov;20(6):784-93


 Champaloux SW, Young DR. Childhood Chronic Health Conditions and Educational Attainment: A Social Ecological Approach. *J Adol Health* 2014, Oct 8, [Epub ahead of print].

 Garvey KC, Beste MG, Luff D, Atakov-Castillo A, Wolpert HA, Ritholz MD. Experiences of health care transition voiced by young adults with type 1 diabetes: a qualitative study. *Adolesc Health Med Ther.* 2014 Oct 20;5:191-8.


 Gilbert AL, Rickert VI, Aalsma MC. Clinical conversations about health: the impact of confidentiality in preventive adolescent care. *J Adolesc Health.* 2014 Nov;55(5):672-7.


 Hargreaves DS. Learning to Listen: Delivering Patient-Centered Care for Adolescents. *Journal of Adolescent Health* 55 (2014) 463e464

 Hughes Lansing A, Berg CA. Topical Review: Adolescent Self-Regulation as a Foundation for Chronic Illness Self-Management. *J Ped Psychol* 2014 November/December 2014) 39 (10): 1091-1096.


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 Lambert V, Keogh D. Striving to live a normal life: a review of children and young people's experience of feeling different when living with a long term condition. J Pediatric Nursing Oct 5, [Epub ahead of print].

 Lemly DC, Lawlor K, Scherer EA, Kelemen S, Weitzman ER. College Health Service Capacity to Support Youth With Chronic Medical Conditions. Pediatrics. 2014 Oct 27. pii: peds.2014-1304. [Epub ahead of print]

 McManus M, White P, Barbour A, Downing B, Hawkins K, Quion N, Tuchman L, Cooley WC, McAllister JW. Pediatric to Adult Transition: A Quality Improvement Model for Primary Care. J Adolesc Health. 2014 Oct 3. [Epub ahead of print]

 Modecki KL, Minchin J, Harbaugh AG, Guerra NG, Runions KC. Bullying Prevalence Across Contexts: A Meta-analysis Measuring Cyber and Traditional Bullying. J Adolesc Health. 2014 Nov;55(5):602-611.

 Rosenstock A, van Manen M. Adolescent Parenting in the Neonatal Intensive Care Unit. J Adol Health 2014, Oct 3 [Epub ahead of print]

 Shehnaz SI, Agarwal A Systematic Review of Self-Medication Practices Among Adolescents. J Adol Health 2014;55: 467–483,

 Temple JR, Choi H. Longitudinal Association Between Teen Sexting and Sexual Behavior. Pediatrics Oct 6, Epub ahead of print}

Association of Young People's Health (AYPH): Innovations in Young People's Health 12 November 2014

Wednesday 12th November 2014 at the AYPH Offices, CAN Mezzanine, 32-36 Loman Street, London, SE1 0EH

This networking event is an important opportunity for AYPH members and non-members to showcase their work in young people's health from across the UK.

AYPH will look at successful and new models of work in community, primary, secondary and complex care with a particular focus on innovation in integrated care, providing holistic services and mental health & resilience for young people aged 10-24 years.

AYPH want to showcase our member's work at the event and beyond. Some members will present their work on the day and we will produce an online resource sharing all the innovative work being undertaken by our members.

The event is free for AYPH members, however if you are not a member you can join for £45 and book your place at the same time. For more information, including how to book and how to share the work you are doing email info@youngpeopleshealth.org.uk or go to their website: www.ayph.org.uk

Forthcoming Dates for your Diary!

2014-2015

November 3-9	National Youth Work Week <i>Skills for Life</i>	http://www.nya.org.uk/supporting-youth-work/youth-work-week/
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5	<i>Embedding a Life-Course Approach to Transform Health Outcomes for Children and Young People</i> London	http://www.publicpolicyexchange.co.uk/events/
10 -11	SBK Health care <i>Transition from Children's to Adult Health Services</i> Manchester	http://www.sbk-healthcare.com/
27	Making Ourselves Heard conference	
December 5	Arthritis Research UK Centre for Adolescent Rheumatology Symposium. London	www.eventbrite.com/e/adolescent-rheumatology-symposium-tickets-12077063823
5	Transition Study Day (FREE!) London SouthBank University	Organised by the Transition research Group: www.transitionstudy.co.uk For more information: https://www.eventbrite.co.uk/e/transition-study-day-registration-13756017619
2015		
January 21	CAMHS National Networking Forum 2015 Birmingham	http://www.nnf-events.com/national-networking-forum/6-camhs-national-networking-forum
March 18-21	SAHM annual Meeting <i>"Embracing Transitions: Promoting Health Through Adolescence and Young Adulthood."</i> Los Angeles USA	http://www.adolescenthealth.org/Meetings/2015-Annual-Meeting.aspx Educational submissions: June 5- July 21 Scientific presentations: June 19-August 26
October 12	Royal College of Physicians Transition: <i>Developmentally appropriate care for young people with long term conditions</i> London	Further information to follow

*Do you know of any other useful resources or opportunities for professional development in adolescent health?
If you do, please let us know by email to: j.e.mcdonagh@bham.ac.uk*