

Adolescent Resource Newsletter

December 2016

Season's Greetings to Our Readers



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group

Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

*****Save the Date – 22 September 2017*****

YPHSIG Annual symposium

The annual clinical symposium of the RCPCH YPHSIG will be held on September 22 at the RCPCH in London.

Details of programme to follow soon.

ALSO,

**Joint YPHSIG & Mental Health session
at RCPCH Annual Meeting, Birmingham 24 May 2016**

Young People Webwatch and Book shelf



Professional Webwatch

Resilience

 <http://thegirlsnetwork.org.uk/>

The Girls' Network is an award winning charity that matches girls between 14-19 years old from the least advantaged communities with professional female mentors from all walks of life.

 <http://www.reclaimproject.org.uk/>

RECLAIM is a Manchester-based youth leadership charity set up in 2007 with a bold aim to end leadership inequality within a generation. They are a non-party political organisation led by the young people they support and the issues they face. They ensure young people maximise their full leadership potential, irrespective of postcode, school or family background. They seek out young people from working class communities with both leadership potential and a desire to create a better world. RECLAIM connects them with a network of influential decision-makers in order for them to lead change.

Vocation

 <http://www.suttontrust.com/researcharchive/class-differences-ethnicity-and-disadvantage/>

Class differences: ethnicity and disadvantage: This research brief highlights how the academic attainment of disadvantaged pupils at 16 varies dramatically between different ethnic groups. It focuses on the outcomes for pupils eligible for free school meals at GCSE.

Mental Health

 <http://www.youngpeopleshealth.org.uk/homepage-practice/parenting-project>

There for you': The role of parents in supporting young people with mental health problems.

Briefing paper of the findings of a research project funded by the Sir Halley Stewart Trust and undertaken by the Association of Young People's Health AYPH, including an online survey of over 300 parents, focus groups with parents and young people, and meetings with stakeholders. Site also includes resources for parents.

Digital Technologies

 <http://www.youngpeopleshealth.org.uk/wp-content/uploads/2016/05/NHS-digital-consultation-April-16-final.pdf>

A report of a consultation led by AYPH with young people and parents to find out their views about digital online records in the form of a 'hub', bringing together GP and hospital records, test results, immunisations and other health information in one place.

Transitional Care

 <https://www.rheumatology.org/Practice-Quality/Pediatric-to-Adult-Rheumatology-Care-Transition>

Toolkit for transition in rheumatology developed by the American College for Rheumatology

 <http://www.scope.org.uk/get-involved/campaigns/social-care/leading-my-life>

Leading my life my way: young disabled people's experiences of using services to live independent lives

This report looks at young disabled people's experiences of using support services to live independent lives.

 <https://www.gov.uk/government/publications/send-experiences-with-schools-and-colleges>

SEND: the schools and colleges experience

This report presents research into how children with SEND and their parents feel about the process of dealing with schools and colleges.

 <https://www.nice.org.uk/guidance/ng43/resources>

Learning resource that the NCCSC has developed to support implementation of the guideline is now available on the NICE website. It focuses on 'Multi-agency working to support young people with special educational needs and disabilities preparing for adulthood'.

Inequalities

 <http://www.endchildpoverty.org.uk/new-figures-reveal-nearly-half-of-children-are-living-in-poverty-in-some-parts-of-the-uk/>

Child poverty map of the UK

The End Child Poverty coalition has published new figures providing a new Child Poverty map of the UK. The local child poverty estimates are broken down by parliamentary constituency, local authority and ward.

Information, Advice and Guidance

 http://www.youngpeopleshealth.org.uk/wp-content/uploads/2016/10/AYPH_NursesToolkit_interactive.pdf

School nurse toolkit: improving young people's health literacy

This toolkit has been produced with support from Public Health England and is designed to help school nurses improve the health literacy of children and young people.

Professional Bookshelf

 AAP Council on Communications and Media. Media Use in school-aged children and adolescents. Council on communications and media. Pediatrics 2016; 138(5):e20162592

 Carter B, Rees P, Hale L, Bhattacharjee D, Paradkar MS. Association Between Portable Screen-Based Media Device Access or Use and Sleep Outcomes: A Systematic Review and Meta-analysis. *JAMA Pediatr.* 2016 Oct 31. [Epub ahead of print]

 Dibben C, Playford C, Mitchell R. Be(ing) prepared: Guide and Scout participation, childhood social position and mental health at age 50-a prospective birth cohort study. *J Epidemiol Community Health.* 2016 Nov 10. [Epub ahead of print]

 Edwards EA, Lumsden J, Rivas C, Steed L, Edwards LA, Thiyagarajan A et al Gamification for health promotion: systematic review of behaviour change techniques in smartphone apps *BMJ Open* 2016;6:e012447 doi:10.1136/bmjopen-2016-012447

 Foster HE, Minden K, Clemente D, Leon L, McDonagh JE, Kamphuis S et al. EULAR/PReS standards and recommendations for the transitional care of young people with juvenile-onset rheumatic diseases. *Ann Rheum Dis.* 2016 Nov 1. pii: annrheumdis-2016-210112. doi: 10.1136/annrheumdis-2016-210112. [Epub ahead of print]

 Heike CL, Evans KN. Evaluation of Adults Born With an Oral Cleft: Aren't Adults Just Big Kids? *JAMA Pediatr.* 2016;170(11):1045

 Hilton S, Weishaar H, Sweeting H, Trevisan F, Katikireddi SV. E-cigarettes, a safer alternative for teenagers? A UK focus group study of teenagers' views *BMJ Open* 2016;6:e013271 doi:10.1136/bmjopen-2016-013271

 James DR, Sargant NN, Bostock N, Khadr S. New challenges in adolescent safeguarding. *Postgrad Med J* 2016;[ahead of print]

 Jasik CB, Berna M, Martin M, Ozer EM. Teen Preferences for Clinic-Based Behavior Screens: Who, Where, When, and How? *J Adolesc Health.* 2016 Dec;59(6):722-724. doi:

 Mairs R, Nicholls D. Assessment and treatment of eating disorders in children and adolescents. *Arch Dis Child.* 2016 Dec;101(12):1168-1175. doi: 10.1136/archdischild-2015-309481. Review.

 Maslow GR, Hill SN, Pollock MD. Comparison of Positive Youth Development for Youth With Chronic Conditions With Healthy Peers. *J Adolesc Health.* 2016 Dec;59(6):716-721.

 McKay FH, Cheng C, Wright A, Shill J, Stephens H, Uccellini M. Evaluating mobile phone applications for health behaviour change: A systematic review. *J Telemed Telecare.* 2016 Oct 18. pii: 1357633X16673538. [Epub ahead of print]

 Paulis WD, Palmer M, Chondros P, Kauer S, van Middelkoop M, Sanci LA. Health profiles of overweight and obese youth attending general practice. *Arch Dis Child.* 2016 Nov 11. [Epub ahead of print]

 Reid K, Simmonds M, Verrier M, Dick B. Supporting Teens with Chronic Pain to Obtain High School Credits: Chronic Pain 35 in Alberta. *Children (Basel).* 2016 Nov 19;3(4). pii: E31.

 Sammons HM, Wright K, Young B, Farsides B. Research with children and young people: not on them. Arch Dis Child. 2016 Dec;101(12):1086-1089.

 Samuels-Reid JH, Cope JU. Medical Devices and Adolescents: Points to Consider. JAMA Pediatr. 2016 Nov 1;170(11):1035-1036

 Smith-Darden JP, Reidy DE, Kernsmith PD. Adolescent stalking and risk of violence. J Adolesc. 2016 Oct;52:191-200.

 Swanepoel A. Fifteen-minute consultation: safety assessment prior to discharge of patient admitted for self-harm. Arch Dis Child Educ Pract Ed. 2016 Dec;101(6):287-291.

 Sweeting H, Smith E, Neary J, Wright C. 'Now I care': a qualitative study of how overweight adolescents managed their weight in the transition to adulthood. BMJ Open. 2016 Nov 2;6(11):e010774. doi: 10.1136/bmjopen-2015-010774

Training Resources

 <https://www.sickkids.ca/pain-centre/Health-care-Professionals/Online%20Pain%20Curriculum/index.html>
E learning Programme from the SickKids Centre for Pain Management, Research and Education (Pain Centre) which aims to ensure safe and effective pain practices and to provide leadership for local and global paediatric pain initiatives.

Forthcoming Dates for your Diary!

2016

December 8-10	Excellence in Paediatrics London	https://www.cvent.com/events/8th-eip-conference/registration-c7623ab459914f8cae6ed3895726f2b1.aspx Includes a specific Adolescent Medicine Programme
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2017		
January 6	Home or Hospital: Alternatives to inpatient CAMHS care South London & Maudsley NHS FT, Kings College London	https://www.eventbrite.co.uk/e/home-or-hospital-alternatives-to-camhs-inpatient-care-conference-2017-tickets-28911395763
26	3rd National Adolescent Rheumatology Symposium UCL, London	The Arthritis Research UK Centre for Adolescent Rheumatology will be hosting its 3rd one day National Symposium on Adolescent Rheumatology. The meeting will consist of speakers drawn from UCL, across the UK and internationally, who will be speaking on a wide range of novel and exciting topics related to adolescent

		<p>rheumatology. There will also be a poster session. Brenda Bell brenda.bell@ucl.ac.uk http://www.eventbrite.com/e/3rd-national-adolescent-rheumatology-symposium-tickets-26804013526</p>
February 1	<p>Children's Policy Research Unit Drawing on data to transform lives: improving services for vulnerable adolescents UCL/GOSH ICH London</p>	<p><i>The Children's Policy Research Unit (CPRU) is a consortium led from the UCL Great Ormond Street Institute of Child Health (ICH) in partnership with the National Children's Bureau (NCB), the Anna Freud Centre and the Social Care Institute of Excellence (SCIE). Their aim is to provide evidence for policy and practice for the health and wellbeing of children, young people and families. CPRU is funded as part of the Department of Health Policy Research Programme.</i> This event brings together leading researchers and policy makers from the fields of health, education and social care, to show how routinely collected 'big data' can improve services for vulnerable adolescents. We will focus on the public health and individual burden of adolescent vulnerability, including its immediate and far reaching consequences, and on improving and evaluating services for this group of young people - all using routinely collected data. The day will finish with a panel discussion on how to best use research to improve services and outcomes.</p> <p>https://www.eventbrite.co.uk/e/drawing-on-data-to-transform-lives-improving-services-for-adolescents-registration-27992863408</p>
2	<p>Westminster Health Forum Keynote Seminar Next steps for policy on children and young people's health London</p>	<p>http://www.westminsterforumprojects.co.uk/forums/book_event.php?eid=1369</p>
May 12-14	<p>TOWARDS HEALTH AND WELLBEING FOR ALL ADOLESCENTS BY 2030" The Egyptian Society for Adolescent Medicine Cairo.</p>	<p>http://adolescents-eg.org/templates/frontend/home.html</p>
May 24-26	<p>RCPCH Annual Meeting Birmingham, UK</p>	<p>www.rcpch.ac.uk "Getting into young heads - the needs of children and young people'- Joint YPHSIG & Mental Health session Wednesday 24 May 2017 from 14:00 - 17:45.</p>
July	<p>Euteach summer school Lausanne, Switzerland</p>	<p>Dates and details to follow www.euteach.com</p>
September 22	<p>RCPCH YPHSIG Clinical symposium RCPCH</p>	<p>Details to follow Check www.yphsig.org.uk for updates</p>

	London	
October 27-29 NB amended date)	11th IAAH world congress New Delhi India	www.iaah2017congress.org <i>(NB amended website)</i>

Do you know of any other useful resources or opportunities for professional development in adolescent health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk