

Adolescent Resource Newsletter

December 2017



*****Seasons Greetings to all our readers*****

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child Health
(www.yphsig.org.uk)

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*****YPHSIG is now 10 years old and getting a re-vamp***
so has got a new membership system.**

If you are either a current member OR would like to become a member
the annual subscription is £30 which will cover your membership up until 30th
September 2018. Please email admin@yphsig.org.uk to join/renew YPHSIG membership.

**Also, in the next few months there will be a call
for nominations to the steering group
so please consider joining,
if you are interested in shaping the next 10 years of YPHSIG and continue to
help improve the health of young people!**

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Young People's Webwatch

 <https://raiise.co.uk/>

RAiISE is an organisation inspired by the negative experiences that young people face while studying and living with an invisible illness. Many young people who live with chronic illnesses look no different to their healthy peers. The aim of RAiISE is to improve the standard of care given to young people with invisible illnesses in school, college and university and to create a resource to teach education professionals a series of strategies and techniques to support their students. RAiISE will also offer support to young people with invisible illnesses and aim to empower them to take control of their own health.

 <https://www.healthforteens.co.uk/>

NHS site for generic health advice for young people with local area sections for Coventry, Leicester, Herts, Notts.

 <http://www.coramvoice.org.uk/>

Coram Voice is a UK based charity who enables and equips children and young people to hold to account the services that are responsible for their care.

 http://europa.eu/youth/eu_en

European youth portal- opportunities for AYA

 <https://icanresearch.org>

Website of the **International children's Advisory Network**

Includes pages of the **European Young Persons' Advisory Group Network eYPAGnet**

<https://icanresearch.org/chapters/eypagnet/>

Professional Webwatch

 <https://www.gov.uk/guidance/childrens-health-migrant-health-guide#2017-10-25T11:54:36+01:00>

Advice and guidance from Public Health England on the health needs of migrant patients for healthcare practitioners.

 <https://www.elearning.prevent.homeoffice.gov.uk/mentalhealth>

<https://www.england.nhs.uk/2017/11/nhs-england-prevent-mental-health-guidance-and-new-e-learning-package-now-available/>

The guidance from NHS England is aimed at providers of NHS mental health services and contains information applicable to mental health professionals who work within them. It is designed to support providers and staff to exercise their statutory and professional duties to safeguard vulnerable adults, children and young people at risk of radicalisation. Examples based on real cases and flowchart diagrams have been developed for the guidance to illustrate Prevent in a mental health context. It builds on a range of existing guidance and advice on safeguarding and information sharing in the health sector, as well as guidance on the Prevent Duty and Channel programme.


 https://www.actionforchildren.org.uk/how-to-help/support-our-campaigns/jo-cox-commission-on-loneliness/#163961_20171112075337

It starts with hello: a report looking into the impact of loneliness in CYP and families. Action for Children's report aims to identify the impact of loneliness on children, young people and families in the UK. The stories and research from Mumsnet, Barnardo's, The Children's Society, Homestart, NSPCC and Young Minds, amongst many others, have contributed to this report which explores loneliness amongst our children and families


 https://www.nspcc.org.uk/services-and-resources/research-and-resources/2017/not-alone-anymore-childline-annual-review-2016-2017/#163961_20171024025326

Childline Annual Review 2016/17: Not alone anymore. This report from the NSPCC explores what children and young people are telling Childline during counselling sessions. It looks at who is contacting Childline, why, when and how. It focuses on 3 key areas: anxiety; suicidal thoughts and feelings; what children who are d/Deaf, disabled or have a health condition are talking to Childline about. It also highlights strategies that young people tell Childline they find helpful when coping with challenges.

Professional Bookshelf


 Annunziato RA, Bucuvalas JC, Yin W, Arnand R, Alonso EM, Mazariegos GV, Venick RS, Stuber ML, Shneider BL, Shemesh E. Self-Management Measurement and Prediction of Clinical Outcomes in Pediatric Transplant. *J Pediatr*. 2017 Nov 18. [Epub ahead of print]


 Daley AM, Polifroni EC, Sadler LS. "Treat Me Like a Normal Person!" A Meta-Ethnography of Adolescents' Expectations of Their Health Care Providers. *J Pediatr Nurs*. 2017 Sep - Oct;36:70-83.

 Farre A, Rapley T. The New Old (and Old New) Medical Model: Four Decades Navigating the Biomedical and Psychosocial Understandings of Health and Illness. *Healthcare (Basel)*. 2017 Nov 18;5(4).

 Gray NJ, Wood DM. The role of medication in supporting emotional wellbeing in young people with long-term needs. *Healthcare (Basel)*. 2017 Nov 3;5(4). pii: E84. doi: 10.3390/healthcare5040084

 Green LMC, Friend AJ, Bardgett RJM, Darling JC. Including children and young people in assessments: a practical guide. *Arch Dis Child Educ Pract Ed*. 2017 Nov 17.. [Epub ahead of print]


 Harhuis A, Cobussen-Boekhorst H, Feitz W, Kortmann B. 5 years after introduction of a transition protocol: An evaluation of transition care for patients with chronic bladder conditions. *J Pediatr Urol*. 2017 Oct 28. [Epub ahead of print]


 Kang M, Robards F, Sanci L, Steinbeck K, Jan S, Hawke C, Kong M, Usherwood T. Access 3 project protocol: young people and health system navigation in the digital age: a multifaceted, mixed methods study. *BMJ Open*. 2017 Aug 7;7(8):e017047. d

 Kolehmainen N, McCafferty S, Maniopoulos G, Vale L, Le-Couteur AS, Colver A. *BMJ Paediatr Open*. 2017 Sep 11;1:e000085. doi: 10.1136/bmjpo-2017-000085.


 Kosola S, McCarthy MC, McNeil R, *et al*. Early Education and Employment Outcomes After Cancer in Adolescents and Young Adults. *J Adolesc Young Adult Oncol* Published Online First: 13 November 2017. doi:10.1089/jayao.2017.0045

 Levine DR, Johnson LM, Baker JN. Navigating Nondisclosure Requests in Pediatrics: Honesty and Sensitivity Are Transcultural Practices. *JAMA Pediatr.* 2017 Nov 1;171(11):1044-1045.


 Mammen JR, Rhee H, Atis S, Grape A. Changes in asthma self-management knowledge in inner city adolescents following developmentally sensitive self-management training. *Patient Educ Couns.* 2017 Nov 9. [Epub ahead of print]

 Margolis R, Wiener L, Pao M, Malech HL, Holland SM, Driscoll P. Transition From Pediatric to Adult Care by Young Adults With Chronic Granulomatous Disease: The Patient's Viewpoint. *J Adolesc Health.* 2017 Dec;61(6):716-721.

 Mulvaney S, Lee JM. Motivating Health Behaviors in Adolescents Through Behavioral Economics *JAMA Pediatr.* 2017 Oct 23.. [Epub ahead of print]

 Noori O, Batra S, Shetty A, Steinbeck K. Adolescent presentations to an adult hospital emergency department. *Emerg Med Australas.* 2017 Oct;29(5):539-544.

 O'Neill T, Wakefield J. Fifteen-minute consultation in the normal child: Challenges relating to sexuality and gender identity in children and young people. *Arch Dis Child Educ Pract Ed* 2017 Dec;102(6):298-303


 Pfefferbaum A, Kwon D, Brumback T, Thompson WK, Cummins K, Tapert SF, Brown SA, Colrain IM, Baker FC, Prouty D, De Bellis MD, Clark DB, Nagel BJ, Chu W, Park SH, Pohl KM, Sullivan EV. Altered Brain Developmental Trajectories in Adolescents After Initiating Drinking. *Am J Psychiatry.* 2017 Oct 31 [Epub ahead of print]

 Riley M, Patterson V, Lane JC, McDonald K, Ranalli L. The Adolescent Champion Model: primary care becomes adolescent-centred via targeted quality improvement. *J Pediatr* 2017 Nov 29 [Epub ahead of print]

 Rose T, Barker M, Maria Jacob C, Morrison L, Lawrence W, Strömmer S, Vogel C, Woods-Townsend K, Farrell D, Inskip H, Baird J. A Systematic Review of Digital Interventions for Improving the Diet and Physical Activity Behaviors of Adolescents. *J Adolesc Health.* 2017 Dec;61(6):669-677.

Rosenberg AR, Starks H, Unguru Y, Feudtner C, Diekema D. Truth Telling in the Setting of Cultural Differences and Incurable Pediatric Illness: A Review. *JAMA Pediatr.* 2017 Nov 1;171(11):1113-1119.

 Timmons SE, Shakibnia EB, Gold MA, Garbers S. MyLARC: A Theory-Based Interactive Smartphone App to Support Adolescents' Use of Long-Acting Reversible Contraception. *J Pediatr Adolesc Gynecol.* 2017 Nov 18. [Epub ahead of print]

 Viner RM, Hargreaves DS. A forward view for child health: integrating across the system to improve health and reduce hospital attendances for children and young people. *Arch Dis Child.* 2017 Nov 4. [Epub ahead of print]

 von Rosen AJ, von Rosen FT, Tinnemann P, Müller-Riemenschneider F. Sexual Health and the Internet: Cross-Sectional Study of Online Preferences Among Adolescents J Med Internet Res. 2017 Nov 8;19(11):e379.

 Zacharin M. Menstrual myths, morals and milestones: a paediatric miasma Arch Dis Child. 2017 Nov 22.. [Epub ahead of print]

Forthcoming Dates for your Diary!

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

2017

December 7-9	Excellence in Paediatrics Vienna	Includes a significant Adolescent Health track http://eip-pediatrics-institute.ineip.org/
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2018

February 21 *New*	AYPH Conference, ICH London	Further info to follow www.youngpeopleshealth.org.uk
March 14-17	Society of Adolescent Health and Medicine <i>Global Adolescent health Equity , Seattle USA</i>	http://www.adolescenthealth.org/Meetings/2018-Annual-Meeting.aspx
June 29 *NEW*	3 rd annual Northwest Transition conference Liverpool	Further info to follow
December 5 *NEW*	RCP Conference <i>Adolescents and young adults: Improving health and wellbeing in 2018</i> London	Further info to follow https://www.rcplondon.ac.uk/events/adolescents-and-young-adults-improving-health-and-wellbeing-2018

Do you know of any other useful resources or opportunities for professional development in adolescent health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk