

Adolescent Resource Newsletter

February 2017



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group
Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

*****Save the Date – 22 September 2017*****

YPHSIG Annual symposium

The annual clinical symposium of the RCPCH YPHSIG will be held on September 22 at the RCPCH in London.
Details of programme to follow soon.

ALSO,
Joint YPHSIG & Mental Health session
at RCPCH Annual Meeting, Birmingham 24 May 2016

Young People Webwatch and Book shelf

 <https://goals.lets-dothis.org.uk/>

Let's Do This – a healthier living Goal setting App (for all ages)

Professional Webwatch

Mental Health

 <http://www.youngpeopleshealth.org.uk/wp-content/uploads/2016/11/AYPH-health-and-sport-review-Nov-2016.pdf>

The connections between young people's mental health and sport participation: scoping the evidence. This scoping review from the Association for Young People's Health focuses on the role of sport and organised physical activity in helping to prevent and treat mental health problems in young people, particularly in the 14-25 age group.

Involvement of Young People

 <http://www.coramvoice.org.uk/>

Coram Voice enables and equips children and young people to hold to account the services that are responsible for their care. We uphold the rights of children and young people to actively participate in shaping their own lives.

Confidentiality

 <http://www.gmc-uk.org>

New guidance regarding confidentiality available for doctors

Transition

 <https://www.nice.org.uk/guidance/qs140>

Transition from children's to adults' services. NICE quality standard QS140

This NICE quality standard covers all young people (aged up to 25) using children's health and social care services who are due to make the transition to adults' services. It includes young people with mental health problems, with disabilities, with long-term, life-limiting or complex needs, in secure settings or under the care of local authorities.

Digital technology

 <http://www.childrenscommissioner.gov.uk/news/children-left-fend-themselves-digital-world>

Growing up digital: a report of the growing up digital taskforce

This report, published by the Children's Commissioner for England, presents the findings of a year-long study into how well children are prepared to engage with the internet.

Volunteering

 <https://www.nao.org.uk/press-release/national-citizen-service/>

This National Audit Office report examines whether the implementation of **National Citizen Service** has been value for money and the future risks to the programme.

Data of Adolescence

 <https://www.gov.uk/government/publications/ethnicity-gender-and-social-mobility>

Ethnicity, gender and social mobility

This report from the Social Mobility Commission provides an analysis of the effect gender, ethnicity and socio-economic status have on life chances in the education system and labour market.

 <http://www.partnershipforyounglondon.org.uk/>

Young people count 2016: a collection of data sources about young people

This Partnership for Young London report provides a guide to the different data sources that are available on the problems that young people face in the United Kingdom. Drawn from official figures and independent research by community and voluntary organisations, it covers the subjects of; health, youth employment, housing, crime, education, participation, and poverty.

 <https://www.princes-trust.org.uk/about-the-trust/research-policies-reports/youth-index-2017>

The Prince's Trust Macquarie youth index 2017

The Prince's Trust Macquarie Youth Index for 2017 takes an in-depth look into the views and outlooks of young people aged 16 to 25, based on a YouGov survey.

 <http://www.content.digital.nhs.uk/catalogue/PUB23106>

Children and young people's health services monthly statistics, England – July 2016 to September 2016, experimental statistics

This is a report on NHS-funded Community Services for children and young people aged 18 years or under using data from the new Children and Young People's Health Services (CYPHS) data set reported in England for activity between July 2016 and September 2016. The CYPHS is a patient-level dataset providing information relating to NHS-funded community services for children and young people aged 18 years or under.

 http://www.ncin.org.uk/publications/data_briefings/

Comparison of teenage and young adult (TYA) cancer mortality rates in Great Britain with other countries

Cancer is the most common cause of death from disease in teenagers and young adults (15 to 24 year olds). This Public Health England briefing presents the findings of a study to determine if cancer deaths in this age group were more common in Great Britain (England, Wales and Scotland) compared to Australia, Canada, USA and nine other European countries.

Professional Bookshelf

-  Gray NJ, Shaw KL, Smith FJ, Burton J, Prescott J, Roberts R, Terry D, McDonagh JE. The Role of Pharmacists in Caring for Young People With Chronic Illness. *J Adolesc Health*. 2017 Feb;60(2):219-225.
-  Herriman M, Fletcher L, Tchaconas A, Adesman A, Milanaik R. Dietary Supplements and Young Teens: Misinformation and Access Provided by Retailers. *Pediatrics*. 2017 Jan 2. [Epub ahead of print]
-  Hollis C, Falconer CJ, Martin JL, Whittington C, Stockton S, Glazebrook C, Davies EB. Annual Research Review: Digital health interventions for children and young people with mental health problems: a systematic and meta-review. *J Child Psychol Psychiatry*. 2016 Dec 10. [Epub ahead of print]
-  Hunter L, Sparrow E, Modi N, Greenough A. Advancing child health research in the UK: the Royal College of Paediatrics and Child Health Infants' Children's and Young People's Research Charter. *Arch Dis Child*. 2017 Jan 17.. [Epub ahead of print]
-  James DR, Sargant NN, Bostock N, Khadr S. New challenges in adolescent safeguarding. *Postgrad Med J*. 2017 Feb;93(1096):96-102.<http://pmj.bmj.com/content/postgradmedj/93/1096/96.full.pdf>
-  Lythgoe H, Price V, Poustie V, Attar S, Hawcutt D, Preston J, Beresford MW. NIHR Clinical Research Networks: what they do and how they help paediatric research. *Arch Dis Child*. 2017 Jan 17. [Epub ahead of print]
-  Miller MB, Janssen T, Jackson KM. The Prospective Association Between Sleep and Initiation of Substance Use in Young Adolescents.*J Adolesc Health*. 2017 Feb;60(2):154-160
-  Pyatak EA, Sequeira PA, Vigen CL, Weigensberg MJ, Wood JR, Montoya L, Ruelas V, Peters AL. Clinical and Psychosocial Outcomes of a Structured Transition Program Among Young Adults With Type 1 Diabetes.*J Adolesc Health*. 2017 Feb;60(2):212-218.
-  Slater H, Jordan JE, Chua J, Schütze R, Wark JD, Briggs AM. Young people's experiences of persistent musculoskeletal pain, needs, gaps and perceptions about the role of digital technologies to support their co-care: a qualitative study. *BMJ Open*. 2016 Dec 9;6(12):e014007.

 Schweizer A, Berchtold A, Barrense-Dias Y, Akre C, Suris JC. Adolescents with a smartphone sleep less than their peers. *Eur J Pediatr*. 2017 Jan;176(1):131-136.

 Suris JC, Larbre JP, Hofer M, Hauschild M, Barrense-Dias Y, Berchtold A, Akre C. Transition from paediatric to adult care: what makes it easier for parents? *Child Care Health Dev*. 2017 Jan;43(1):152-155.

 Yassaee AA, Hargreaves DS, Chester K, Lamb S, Hagell A, Brooks FM. Experience of Primary Care Services Among Early Adolescents in England and Association With Health Outcomes. *J Adolesc Health*. 2016 Dec 1. [Epub ahead of print]

Forthcoming Dates for your Diary!

2017

<p>February 1</p>	<p>Children's Policy Research Unit Drawing on data to transform lives: improving services for vulnerable adolescents UCL/GOSH ICH London</p>	<p><i>The Children's Policy Research Unit (CPRU) is a consortium led from the UCL Great Ormond Street Institute of Child Health (ICH) in partnership with the National Children's Bureau (NCB), the Anna Freud Centre and the Social Care Institute of Excellence (SCIE). Their aim is to provide evidence for policy and practice for the health and wellbeing of children, young people and families. CPRU is funded as part of the Department of Health Policy Research Programme.</i></p> <p>This event brings together leading researchers and policy makers from the fields of health, education and social care, to show how routinely collected 'big data' can improve services for vulnerable adolescents. We will focus on the public health and individual burden of adolescent vulnerability, including its immediate and far reaching consequences, and on improving and evaluating services for this group of young people - all using routinely collected data. The day will finish with a panel discussion on how to best use research to improve services and outcomes.</p> <p style="text-align: center;">https://www.eventbrite.co.uk/e/drawing-on-data-to-transform-lives-improving-services-for-adolescents-registration-27992863408</p>
<p>March 22 <i>*Recently added</i></p>	<p>Royal College of Emergency Medicine The Forgotten Tribe – adolescents in the ED London</p>	<p style="text-align: center;">https://www.rcem.ac.uk/RCEM/Events/</p>
<p>March 29 <i>*Recently added</i></p>	<p>CYP Now Safeguarding children in a digital world London</p>	<p style="text-align: center;">http://www.safeguardingdigital.co.uk/home</p>

May 12-14	TOWARDS HEALTH AND WELLBEING FOR ALL ADOLESCENTS BY 2030" The Egyptian Society for Adolescent Medicine Cairo.	http://adolescents-eg.org/templates/frontend/home.html
May 24-26	RCPCH Annual Meeting Birmingham, UK	www.rcpch.ac.uk "Getting into young heads - the needs of children and young people'- Joint YPHSIG & Mental Health session Wednesday 24 May 2017 from 14:00 - 17:45.
July 2-7	Euteach summer school Lausanne, Switzerland	Dates and details to follow www.euteach.com
August 29 – 1 Sept	2nd international summer course on children and adolescents with chronic illness: a focus on transition. Lausanne, Switzerland	<i>2nd international summer course on children and adolescents with chronic illness: a focus on transition.</i> (In French) Further information: www.lesadoscourses.ch Joan-carles.suris@chuv.ch Christina.akre@chuv.ch
September 22	RCPCH YPHSIG Clinical symposium RCPCH London	Details to follow Check www.yphsig.org.uk for updates
October 27-29	11th IAAH world congress New Delhi India	www.iaah2017congress.org Abstract Deadline: 28 Feb 2017

***Do you know of any other useful resources or opportunities for professional
development in adolescent health?
If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk***