

Adolescent Resource Newsletter

July 2017



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

Editor: Dr Janet E McDonagh, Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology (janet.mcdonagh@manchester.ac.uk)

YPHSIG: Young Peoples Health Special Interest Group
Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

*****Save the Date – 22 September 2017*****

**YPHSIG Annual symposium
to celebrate our 10th anniversary!**

September 22 at the RCPCH in London.
For further details : www.yphsig.org.uk

Transition

 <http://www.scie.org.uk/children/transition>

Building independence through planning for transition. A quick guide for practitioners supporting young people (June 2017). This quick guide explains how early planning and access to the right information can help young people and their families to make the right choices. It will be of interest to all practitioners who support young people as they move from children's to adults' services. Developed jointly by NICE and SCIE, it is based on NICE guidelines and quality standards.

 <http://gottransition.org/>

NCQA 2017 Patient-Centered Medical Home Standards Crosswalk with Got Transition's Six Core Elements – a new resource to assist practices (in the US) who are looking for resources to obtain National Committee on Quality Assurance (NCQA) Patient-Centered Medical Home (PCMH) certification around transition.

Data on Young Peoples Health


 <http://www.qualitywatch.org.uk/cyp>

Emergency hospital care for children and young people

This QualityWatch report from the Nuffield Trust shows changes in patterns of use over time and provides the basis for discussion about the quality of care for children and young people. The report analyses Hospital Episode Statistics from 2006/07 to 2015/16, giving a picture of how children and young people used emergency care at NHS hospitals over the past 10 years, what conditions they needed care for, and what may be happening to care quality in some areas.

 <http://fingertips.phe.org.uk/profile-group/child-health/profile/child-health-young-people>

National up to date data on factors related to the health and wellbeing of young people which is maintained by the National Child and Maternal Health Intelligence Network.

 <https://publichealthmatters.blog.gov.uk/2017/06/22/learning-more-about-what-keeps-young-people-safe-and-well/>

This issue (22-6-17) of **Public Health England's Health Matters** focuses on key findings from three new reports which focus on what some of the key factors are in protecting the mental wellbeing of 11-15 year olds. The three reports look at young people's experiences of cyber-bullying, the wellbeing of adolescent girls, and self-harm. They're based on new analysis of the Health Behaviour in school-age children (HBSC) survey [www.hbsc.org] and will help all those supporting young people to be better placed to keep them safe and well.

 <https://www.gov.uk/government/statistics/young-peoples-well-being-2017#2017-04-13T09:30:07+01:00>

The Office of National Statistics release shows progress against a set of well-being indicators for young people (aged 16 to 24) in the UK including health, environment, personal finances and crime. The data shows how young people are faring in a range of areas that matter to their quality of life, reflecting both the circumstances of their lives and their own perspectives.

 <https://www.gov.uk/government/publications/health-behaviour-in-school-age-children-hbsc-data-analysis#2017-06-22T09:30:00+01:00>

A thematic analysis of the recent HBSC survey data to explore the rising trend in poorer emotional wellbeing of young people.

 <https://www.unicef-irc.org/publications/>

Building the future: children and the sustainable development goals in rich countries. This report from UNICEF's Office of Research, offers an assessment of child well-being in the context of sustainable development across 41 countries of the European Union (EU) and the Organisation for Economic Co-operation and Development (OECD). It focuses on those goals and targets with most direct relevance to the well-being of children in high-income settings looking at income, education, health and life satisfaction.

Policy and Strategy Development in Adolescent Health

 <https://www.childrenscommissioner.gov.uk/>

website of the Children's Commissioner for England

 http://www.rcpch.ac.uk/election2017#163961_20170517120538

Child Health Matters – A Vision for 2017 The Royal College of Paediatrics and Child Health's report gives their vision for child health in 2017. RCPCH provides recommendations for the next Government to invest in the health of UK infants, children and young people.

 https://www.kingsfund.org.uk/publications/articles/big-election-questions-children-health#163961_20170605014209

This paper from The King's Fund considers what policies are needed to improve CYP health.


 http://www.who.int/maternal_child_adolescent/topics/adolescence/framework-accelerated-action/en/#163961_20170517100946

Global accelerated action for the health of adolescents (AA-HA!): Guidance to support country implementation. This report from the World Health Organization (WHO) helps countries implement their Global strategy for women's, children's and adolescents' health (2016–2030) by providing comprehensive information needed to decide what to do for adolescent health, and how to do it.

Mental Health

 http://www.clicsargent.org.uk/content/hidden-costs#163961_20170621125333

Hidden costs – the mental health impact of a diagnosis of cancer on young people - a report from CLIC Sargent reveals the impact of a cancer diagnosis on young people's mental health, as well as their physical health.

 https://www.rsph.org.uk/about-us/news/instagram-ranked-worst-for-young-people-s-mental-health.html#163961_20170523012329

#statusofmind. This report from the Royal Society for Public Health (RSPH) and the Young Health Movement (YHM) examines the positive and negative effects of social media on young people's health and includes a league table of social media platforms according to their impact on young people's mental health.

 <http://www.cci.health.wa.gov.au/resources/>

Resources for consumers (mainly adult-orientated) and professionals from the Centre for Clinical Interventions, Department of Health, Western Australia

Migrant young people

 <https://www.unicef.org/publications/>

A child is a child: Protecting children on the move from violence, abuse and exploitation (May 2017).

This report from UNICEF presents a global snapshot of refugee and migrant children, the motivations behind their journeys and the risks they face along the way. The report includes UNICEF's recommendation for governments to adopt its six-point agenda for action to protect refugee and migrant children and ensure their wellbeing.

Young Peoples' rights

 http://www.kidsrightsindex.org/#163961_20170516013217

The KidsRights Index 2017 from the International children's rights foundation KidsRights and Erasmus University Rotterdam is the annual global ranking which charts countries' performance records concerning children's rights. The UK now ranks among the bottom 10 global performers in the arena of improving rights of the child, after it achieved the lowest-possible score across all six available indicators in the domain of Child Rights Environment (CRE).

Workforce Issues


 <https://www.rcn.org.uk/professional-development/publications>


The Best Start: The Future of Children's Health. Valuing school nurses and health visitors in England

This report from the Royal College of Nursing looks at the health visiting workforce and changes in the delivery of services by school nurses and health visitors. The Best Start report highlights the importance of children's public health services, explores how policy initiatives have impacted on services and gives RCN's recommendations to strengthen preventative services for children.


Professional Bookshelf


 Adab P. Treatment of obesity in adolescents: where should interventions focus? Arch Dis Child. 2017 Jun 6. [Epub ahead of print]


 Bregnballe V, Boisen KA, Schiøtz PO, Pressler T, Lomborg K. Flying the nest: a challenge for young adults with cystic fibrosis and their parents. Patient Prefer Adherence. 2017 Feb 13;11:229-236.

 Brigden A, Loades M, Abbott A, Bond-Kendall J, Crawley E. Practical management of chronic fatigue syndrome or myalgic encephalomyelitis in childhood. Arch Dis Child. 2017 Jun 28. [Epub ahead of print]

 Clemente D, Leon L, Foster H, Carmona L, Minden K. Transitional care for rheumatic conditions in Europe: current clinical practice and available resources. Pediatr Rheumatol Online J. 2017 Jun 9;15(1):49.


 Downs J, Gilbert R, Hayes RD, Hotopf M, Ford T. Linking health and education data to plan and evaluate services for children. *Arch Dis Child*. 2017 Jul;102(7):599-602

 Doukrou M, Segal TY. Fifteen-minute consultation: communicating with young people -how to use HEEADSSS, a psychosocial interview for adolescents. *Arch Dis Child Educ Pract Ed*. 2017 Jun 14. [Epub ahead of print]

 Dunn V. Young people, mental health practitioners and researchers co-produce a Transition Preparation Programme to improve outcomes and experience for young people leaving Child and Adolescent Mental Health Services (CAMHS). *BMC Health Serv Res*. 2017 Apr 20;17(1):293.


 Fleming M, Fitton CA, Steiner MFC, McLay JS, Clark D, King A, Mackay DF, Pell JP. Educational and Health Outcomes of Children Treated for Attention-Deficit/Hyperactivity Disorder. *JAMA Pediatr*. 2017 May 1:e170691. [Epub ahead of print]

 Fuzzell L, Shields CG, Alexander SC, Fortenberry JD. Physicians Talking About Sex, Sexuality, and Protection With Adolescents. *J Adolesc Health*. 2017 Jul;61(1):6-23.

 Gabriel P, McManus M, Rogers K, White P. Outcome Evidence for Structured Pediatric to Adult Health Care Transition Interventions: A Systematic Review. *J Pediatr*. 2017 Jun 28 [Epub ahead of print]

 Gan LL, Lum A, Wakefield CE, Nandakumar B, Fardell JE. School Experiences of Siblings of Children with Chronic Illness: A Systematic Literature Review. *J Pediatr Nurs*. 2017 Mar - Apr;33:23-32.

 Hefler M, Liberato SC, Thomas DP. Incentives for preventing smoking in children and adolescents *Cochrane Database Syst Rev*. 2017 Jun 6;6:CD008645. [Epub ahead of print]

 Herbert A, Gilbert R, Cottrell D, Li L. Causes of death up to 10 years after admissions to hospitals for self-inflicted, drug-related or alcohol-related, or violent injury during adolescence: a retrospective, nationwide, cohort study. *Lancet*. 2017 May 25.

-  Hysing M, Petrie KJ, Bøe T, Sivertsen B. Parental work absenteeism is associated with increased symptom complaints and school absence in adolescent children. *BMC Public Health*. 2017 May 12;17(1):439.
-  Malm D, Bishop L, Gustafsson P, Waenerlund AK, Goicolea I. Validation of a questionnaire to measure youth-friendliness of Swedish youth clinics. *Scand J Public Health*. 2017 Jun;45(4):366-372.
-  Norris T, Collin SM, Tilling K, Nuevo R, Stansfeld SA, Sterne JA, Heron J, Crawley E. Natural course of chronic fatigue syndrome/myalgic encephalomyelitis in adolescents. *Arch Dis Child*. 2017 Jun;102(6):522-528.
-  Norström F, Janlert U, Hammarström A. Is unemployment in young adulthood related to self-rated health later in life? Results from the Northern Swedish cohort. *BMC Public Health*. 2017 May 30;17(1):529.
-  Papoutsis C, Hargreaves D, Colligan G, Hagell A, Patel A, Campbell-Richards D, Viner RM, Vijayaraghavan S, Marshall M, Greenhalgh T, Finer S. Group clinics for young adults with diabetes in an ethnically diverse, socioeconomically deprived setting (TOGETHER study): protocol for a realist review, co-design and mixed methods, participatory evaluation of a new care model. *BMJ Open*. 2017 Jun 21;7(6):e017363.
-  Parsons S, Thomson W, Cresswell K, Starling B, McDonagh JE; Barbara Ansell National Network for Adolescent Rheumatology. What do young people with rheumatic disease believe to be important to research about their condition? A UK-wide study. *Pediatr Rheumatol Online J*. 2017 Jul 3;15(1):53.
-  Pearson N, Griffiths P, Biddle SJ, Johnston JP, McGeorge S, Haycraft E. Clustering and correlates of screen-time and eating behaviours among young adolescents. *BMC Public Health*. 2017 May 31;17(1):533
-  Prüfe J, Dierks ML, Bethe D, Oldhafer M, Müther S, Thumfart J, et al. Transition structures and timing of transfer from paediatric to adult-based care after kidney transplantation in Germany: a qualitative study. *BMJ Open*. 2017 Jun 12;7(6):e015593.
-  Taylor M, Collin SM, Munafò MR, MacLeod J, Hickman M, Heron J. Patterns of cannabis use during adolescence and their association with harmful substance use behaviour: findings from a UK birth cohort. *J Epidemiol Community Health*. 2017 Jun 7. [Epub ahead of print]
-  Tempelaar WM, de Vos N, Plevier CM, van Gastel WA, Termorshuizen F, MacCabe JH, Boks MPM. Educational Level, Underachievement, and General Mental Health Problems in 10,866 Adolescents. *Acad Pediatr*. 2017 Apr 26. [Epub ahead of print]
-  Wu L, Gao X, Lo ECM, Ho SMY, McGrath C, Wong MCM. Motivational Interviewing to Promote Oral Health in Adolescents. *J Adolesc Health*. 2017 May 19. [Epub ahead of print]

Forthcoming Dates for your Diary!

2017

August 29 – 1 Sept	2nd international summer course on children and adolescents with chronic illness: a focus on transition. Lausanne, Switzerland	<i>2nd international summer course on children and adolescents with chronic illness: a focus on transition.</i> (In French) Further information: www.lesadoscourses.ch Joan-carles.suris@chuv.ch Christina.akre@chuv.ch
September 22	RCPCH YPHSIG Clinical symposium RCPCH London	To register: www.yphsig.org.uk
October 27-29	11th IAAH world congress New Delhi India	www.iaah2017congress.org
December 7-9	Excellence in Paediatrics Vienna	Includes a significant Adolescent Health track http://eip-pediatrics-institute.ineip.org/

*Do you know of any other useful resources or opportunities for professional
development in adolescent health?*

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk