

Adolescent Resource Newsletter

June 2017



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group

Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

*****Save the Date – 22 September 2017*****

YPHSIG Annual symposium

The annual clinical symposium of the RCPCH YPHSIG will be held on September 22 at the RCPCH in London.

Details of programme to follow soon.

ALSO,

**Joint YPHSIG & Mental Health session
at RCPCH Annual Meeting, Birmingham 24 May 2016**

*****Petition seeking signatures*****

After the recent TV screening of the thought-provoking “Three Girls” programmes (<http://www.bbc.co.uk/mediacentre/latestnews/2016/new-drama-three-girls>) addressing child sexual exploitation, a petition has been set up for Rochdale Sexual Health Worker Sara Rowbotham to be recognised for her services – please consider signing.

https://www.change.org/p/greater-manchester-children-s-service-s-3-girls-sexual-health-worker-sara-rowbotham-to-be-recognised-for-her-services?utm_medium=email&utm_source=notification&utm_campaign=petition_signer_receipt&share_context=signature_receipt&recruiter=377512504m=email&utm_source=notification&utm_campaign=petition_signer_receipt&share_context=signature_receipt&recruiter=377512504

Professional Webwatch

 www.youngpeopleshealth.org.uk

Recent briefings from the Association for Young People’s Health (UK):

 <http://www.youngpeopleshealth.org.uk/wp-content/uploads/2017/04/References-for-10-reasons-to-invest-April-2017.pdf>

10 reasons to invest in Young People’s Health

 <http://www.youngpeopleshealth.org.uk/wp-content/uploads/2017/04/AYPH-Student-Health-Briefing.pdf>

An overview of research on key issues in students health

 <http://www.youngpeopleshealth.org.uk/wp-content/uploads/2017/03/Young-Peoples-Health-Update-2017-final.pdf>

Young People’s Health Where are we up to?

 <https://fingertips.phe.org.uk/profile-group/child-health/profile/child-health-young-people>

Section on the PHE website which presents data on factors related to the health and wellbeing of young people

Participation and Involvement

 <http://www.togetherscotland.org.uk>

A Guide to Engagement with Families – Participation in Practice by Action for Sick Children Scotland (2017)

This toolkit is aimed at a range of professionals who wish to develop their knowledge and skills in this area and in particular gain practical ideas of how to gather their stakeholders' views as part of their every-day practice.

 <http://www.outcomesstar.org.uk/>

The Outcomes Star™ is a unique suite of tools for supporting and measuring change when working with people

 <https://www.england.nhs.uk/publication/patient-and-public-participation-in-commissioning-health-and-care-statutory-guidance-for-ccgs-and-nhs-england/>

Patient and public participation in commissioning health and care: statutory guidance for CCGs and NHS England. (April 2017)

Communication

 <http://www.drjargon.com>

A game developed to challenge health professionals to consider the jargon we use and to be aware of it when we are talking to children and young people

Transitions


 <http://www.changingourlives.org/wp-content/uploads/2017/03/SkystheLimitPhase1March2017.pdf>

Sky's the Limit, phase 1 report.

Sky's the Limit is an example of how to facilitate a life for young people going through transition by thinking beyond traditional services by putting young people and their families in the driving seat


Professional Bookshelf


 Boman Å, Bohlin M, Eklöf M, Forsander G, Munthe C, Törner M. Health care to empower self-care in adolescents with type 1 diabetes mellitus and an immigrant minority background. *SAGE Open Med.* 2017 Mar 29;5:2050312117700056. doi: 10.1177/2050312117700056. eCollection 2017.

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 Hausmann JS, Touloumtzis C, White MT, Colbert JA, Gooding HC. Adolescent and Young Adult Use of Social Media for Health and Its Implications. *J Adolesc Health*. 2017 Jun;60(6):714-719


 Hoare E, Milton K, Foster C, Allender S. Depression, psychological distress and Internet use among community-based Australian adolescents: a cross-sectional study. *BMC Public Health*. 2017 Apr 27;17(1):365.


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 O'Neill T, Wakefield J Fifteen-minute consultation in the normal child: Challenges relating to sexuality and gender identity in children and young people. *Arch Dis Child Educ Pract Ed*. 2017 May 11 [Epub ahead of print]

 Ramos MM, Sebastian RA, Stumbo SP, McGrath J, Fairbrother G. Measuring Unmet Needs for Anticipatory Guidance Among Adolescents at School-Based Health Centers. *J Adolesc Health*. 2017 Jun;60(6):720-726.

 de Silva PSA, Fishman LN. he Transition of the Gastrointestinal Patient from Pediatric to Adult Care. *Pediatr Clin North Am*. 2017 Jun;64(3):707-720

 Society for Adolescent Health and Medicine. Young Adult Health and Well-Being: A Position Statement of the Society for Adolescent Health and Medicine 2017; 60: 758–759

 Timmer A, Peplies J, Westphal M, Kaltz B, Ballauff A, Claßen M, Laass MW, Koletzko S. Transition from pediatric to adult medical care - A survey in young persons with inflammatory bowel disease. *PLoS One*. 2017 May 18;12(5):e0177757. doi: 10.1371/journal.pone.0177757. eCollection 2017.

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Forthcoming Dates for your Diary!

2017

June 29 *PLEASE NOTE AMENDED DATE*	Northwest Transition conference 2017 Warrington, UK	Further Details to follow Contact: Jacqui.rogers@alderhey.nhs.uk
July 2-7	13th Euteach (European Teaching Effective Adolescent Care and Health) summer school Lausanne, Switzerland	Dates and details now available on: www.euteach.com
August 29 – 1 Sept	2nd international summer course on children and adolescents with chronic illness: a focus on transition. Lausanne, Switzerland	<i>2nd international summer course on children and adolescents with chronic illness: a focus on transition.</i> (In French) Further information: www.lesadoscourses.ch Joan-carles.suris@chuv.ch Christina.akre@chuv.ch
September 22	RCPCH YPHSIG Clinical symposium RCPCH London	Details to follow Check www.yphsig.org.uk for updates
October 27-29	11th IAAH world congress New Delhi India	www.iaah2017congress.org
December 7-9	Excellence in Paediatrics Vienna	Includes a significant Adolescent Health track http://eip-pediatrics-institute.ineip.org/

Do you know of any other useful resources or opportunities for professional development in adolescent health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk