

Adolescent Resource Newsletter

March 2017



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group
Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

*****Save the Date – 22 September 2017*****

YPHSIG Annual symposium

The annual clinical symposium of the RCPCH YPHSIG will be held on September 22 at the RCPCH in London.
Details of programme to follow soon.

ALSO,
Joint YPHSIG & Mental Health session
at RCPCH Annual Meeting, Birmingham 24 May 2016

Young People Webwatch and Book shelf

 <http://integrateuk.org/>

A UK charity that works towards equality and integration by supporting young people with their learning. Includes a **new video** of young people speaking out against FGM

 www.citizencard.com

id card for young people

Professional Webwatch

 <http://www.rcpch.ac.uk/news/rcpch-launches-landmark-state-child-health-report>

State of child health report 2017

This report from the Royal College of Paediatrics & Child Health brings together data for the first time on a comprehensive list of 25 measures of the health of UK children, ranging from specific conditions such as asthma, diabetes and epilepsy, risk factors for poor health such as obesity and a low rate of breastfeeding, to child deaths. The data provide an “across the board” snapshot of child health and wellbeing in the UK.

[http://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(17\)30264-7/fulltext?rss=yes](http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(17)30264-7/fulltext?rss=yes)

This editorial in The Lancet discusses The State of Child Health Report 2017, published by the Royal College of Paediatrics and Child Health.

Digital technology

 <https://www.saferinternet.org.uk/>

For Safer Internet Day 2017 the UK Safer Internet Centre has launched this report based on a survey that aimed to explore the role of images and videos in young people’s digital lives and the influence this can have on their self-esteem, behaviour and emotions.

Mental Health and emotional Well-being

 <http://www.berealcampaign.co.uk/somebody-like-me/>

Somebody like me: a report investigating the impact of body image anxiety on young people in the UK. This report, commissioned by the Be Real Campaign and undertaken by YMCA, aimed to look in depth at how young people viewed their own bodies and to uncover what they thought needed to be done to tackle body image anxiety among young people within secondary school age.

 http://safelives.org.uk/knowledge-hub/spotlight-3-young-people-and-domestic-abuse#163961_20170203101449

SafeLives is focusing on the experiences of young people (13-17 years) affected by domestic abuse and the professionals who support them, as part of its Spotlights series. It will be posting blogs, short films, podcasts, research, practical resources, practitioner advice/guidance and the experiences of young people until the end of March.

 <https://www.gov.uk/government/collections/disrespect-nobody-campaign#2017-01-27T15:44:27+00:00>

This page provides information and documents related to the Disrespect NoBody campaign from the Home Office, which helps young people understand what a healthy relationship is. The campaign is targeted at 12 to 18 year old boys and girls and aims to prevent them from becoming perpetrators and victims of abusive relationships.

 http://mentor-adepis.org/preventing-cyp-mental-health-problems/#163961_20170202104906

This paper produced by Mentor ADEPIS intends to provide teachers, educators and the wider school workforce with practical guidelines on how to prevent children and young people from developing mental health problems as a result of alcohol and drug misuse.

Rights

 <http://www.youngpeopleshealth.org.uk/wp-content/uploads/2017/01/Rights-resources-for-professionals-working-with-young-people.pdf>


This briefing from the Young People's Health Partnership contains a range of resources on young people's rights for use by professionals working with young people. It includes not only resources on health and social care rights, but also resources relevant to related social determinants of young people's health.

Safeguarding

 https://www.contextualsafeguarding.org.uk/audit-toolkit#163961_20170214014402

This toolkit from the University of Bedfordshire supports practitioners to recognise how social environments and extra-familial relationships are relevant to safeguarding adolescents and the extent to which local responses to peer-to-peer abuse are already contextual in nature.


Professional Bookshelf


 Allison E, Dawson N, Phillips J, Lynch C, Coleman J. Fifteen minute consultation: A structured approach to the management of children and adolescents with medically unstable anorexia nervosa. *Arch Dis Child Educ Pract Ed*. 2017 Feb 13.. [Epub ahead of print]


 Barnert ES, Dudovitz R, Nelson BB, Coker TR, Biely C, Li N, Chung PJ. How Does Incarcerating Young People Affect Their Adult Health Outcomes? *Pediatrics*. 2017 Feb;139(2).


 Bomba F, Herrmann-Garitz C, Schmidt J, Schmidt S, Thyen U. An assessment of the experiences and needs of adolescents with chronic conditions in transitional care: a qualitative study to develop a patient education programme. *Health Soc Care Community*. 2017 Mar;25(2):652-666.


-  Boulton MJ, Boulton L, Down J, Sanders J, Craddock H. Perceived barriers that prevent high school students seeking help from teachers for bullying and their effects on disclosure intentions. *J Adolesc.* 2017 Jan 29;56:40-51.
-  Brooks AJ, Smith PJ, Cohen R, Collins P, Douds A, Forbes V, Gaya DR, Johnston BT, McKiernan PJ, Murray CD, Sebastian S, Smith M, Whitley L, Williams L, Russell RK, McCartney SA, Lindsay JO. UK guideline on transition of adolescent and young persons with chronic digestive diseases from paediatric to adult care. *Gut.* 2017 Feb 21. [Epub ahead of print]
-  Downs J, Gilbert R, Hayes RD, Hotopf M, Ford T. Linking health and education data to plan and evaluate services for children. *Arch Dis Child.* 2017 Jan 27. [Epub ahead of print]
-  Ens A, Janzen K, Palmert KA. Development of an Online Learning Module to Improve Pediatric Residents' Confidence and Knowledge of the Pubertal Examination *J Adol Health* 2017;60:292-298
-  Evensen M, Lyngstad TH, Melkevik O, Reneflot A, Mykletun A. Adolescent mental health and earnings inequalities in adulthood: evidence from the Young-HUNT Study. *J Epidemiol Community Health.* 2017 Feb;71(2):201-206.
-  Fergie G, Hunt K, Hilton S. Social media as a space for support: Young adults' perspectives on producing and consuming user-generated content about diabetes and mental health. *Soc Sci Med.* 2016 Dec;170:46-54.
-  Gopalan G, Lee SJ, Harris R, Acri MC, Munson MR. Utilization of peers in services for youth with emotional and behavioral challenges: A scoping review. *J Adolesc.* 2017 Feb;55:88-115.
-  Hadland SE, Copelas SH, Harris SK. Trajectories of Substance Use Frequency among Adolescents Seen in Primary Care: Implications for Screening. *J Pediatr.* 2017 Feb 10.. [Epub ahead of print]
-  Harris SK, Aalsma MC, Weitzman ER, Garcia-Huidobro D, Wong C, Hadland SE, Santelli J, Park MJ, Ozer EM Research on Clinical Preventive Services for Adolescents and Young Adults: Where Are We and Where Do We Need to Go? *J Adol Health* 2017;60:249-260
-  Nguyen T, Embrett MG, Barr NG, Mulvale GM, Vania DK, Randall GE, DiRezze B. Preventing Youth from Falling Through the Cracks Between Child/Adolescent and Adult Mental Health Services: A Systematic Review of Models of Care. *Community Ment Health J.* 2017 Feb 20. [Epub ahead of print]

 Richardson LP, McCarty CA, Radovic A, Suleiman AB. Research in the Integration of Behavioral Health for Adolescents and Young Adults in Primary Care Settings: A Systematic Review. J Adolesc Health. 2017 Jan 10. [Epub ahead of print]

 Striley CW, Kelso-Chichetto NE, Cottler LB. Nonmedical Prescription Stimulant Use Among Girls 10-18 Years of Age: Associations With Other Risky Behavior. J Adolesc Health. 2016 Dec 17. [Epub ahead of print]

 Suleiman AB, Dahl RE Leveraging Neuroscience to Inform Adolescent Health: The Need for an Innovative Transdisciplinary Developmental Science of Adolescence J Adol Health 2017;60:240-248

 Vance SR Jr, Deutsch MB, Rosenthal SM, Buckelew SM. Enhancing Pediatric Trainees' and Students' Knowledge in Providing Care to Transgender Youth. J Adolesc Health. 2017 Jan 5. [Epub ahead of print]

 Vance SR Jr, Mesheriakova VV. Documentation of Gender Identity in an Adolescent and Young Adult Clinic. J Adolesc Health. 2016 Dec 15. [Epub ahead of print]

Forthcoming Dates for your Diary!

2017

March 22 <i><u>*Recently added</u></i>	Royal College of Emergency Medicine The Forgotten Tribe – adolescents in the ED London	https://www.rcem.ac.uk/RCEM/Events/
March 29 <i><u>*Recently added</u></i>	CYP Now Safeguarding children in a digital world London	http://www.safeguardingdigital.co.uk/home
May 12-14	TOWARDS HEALTH AND WELLBEING FOR ALL ADOLESCENTS BY 2030" The Egyptian Society for Adolescent Medicine Cairo.	http://adolescents-eg.org/templates/frontend/home.html
May 24-26	RCPCH Annual Meeting Birmingham, UK	www.rcpch.ac.uk "Getting into young heads - the needs of children and young people"– Joint YPHSIG & Mental Health session Wednesday 24 May 2017 from 14:00 - 17:45.

June 2 *Just added*	Association of Child and Adolescent Mental Health <i>Sleep and mental health in children and young people</i> Bristol	https://www.acamh.org/events/2017/06/sleep-and-mental-health-children-and-young-people
July 2-7	13th Euteach (European Teaching Effective Adolescent Care and Health) summer school Lausanne, Switzerland	Dates and details now available on: www.euteach.com
August 29 – 1 Sept	2nd international summer course on children and adolescents with chronic illness: a focus on transition. Lausanne, Switzerland	<i>2nd international summer course on children and adolescents with chronic illness: a focus on transition.</i> (In French) Further information: www.lesadoscourses.ch Joan-carles.suris@chuv.ch Christina.akre@chuv.ch
September 22	RCPCH YPHSIG Clinical symposium RCPCH London	Details to follow Check www.yphsig.org.uk for updates
October 27-29	11th IAAH world congress New Delhi India	www.iaah2017congress.org Abstract Deadline: 28 Feb 2017
December 7-9	Excellence in Paediatrics Vienna	Includes a significant Adolescent Health track http://eip-pediatrics-institute.ineip.org/

Do you know of any other useful resources or opportunities for professional development in adolescent health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk