

Adolescent Resource Newsletter

November 2016



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Peoples Health Special Interest Group
Of the Royal College of Paediatrics and Child Health.

If you are interested in joining YPHSIG and/or would like to find out more about the YPHSIG, please go to our website www.yphsig.org.uk

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

*****Save the Date – 22 September 2017*****

YPHSIG Annual symposium

The annual clinical symposium of the RCPCH YPHSIG will be held on September 22 at the RCPCH in London.
Details of programme to follow soon.

ALSO,
Joint YPHSIG & Mental Health session
at RCPCH Annual Meeting, Birmingham 24 May 2016

Young People Webwatch and Book shelf

 <http://www.theatreofdebate.co.uk/>

A creative approach to provoked thinking in young people and adults about advances in science and research and the social and ethical issues they raise for us all.

Professional Webwatch

 <http://www.byc.org.uk/wp-content/uploads/2016/09/NHS-Youth-Forum-Poster-FINAL.pdf>

Poster of top tips to involve young people...from the NHS Youth Forum

 <http://www.ymca.org.uk/research/i-am-whole-research>

YMCA: I AM WHOLE

Mental health difficulties among children and young people are common and can be both persistent and damaging. This report seeks to get under the surface and understand the real experiences of those with mental health difficulties. This is done by examining the prevalence of this stigma, who is experiencing it and how they are doing so, the impact of this stigma, and the potential solutions that the young people themselves have identified.

 <http://www.multime.com/>

Multi Me is a person centred secure online support tool developed for and used by people with learning disabilities and their families and supporters. Multi Me offers the opportunity to transform current systems by bringing together the latest technology and social media approaches to create unique and powerful on line person centred working, planning and multimedia profiling.

The tool facilitates shared decision making and co-production between people with learning disabilities, their families, circles of support and the services and key professionals that support them whether they be in health, education, social care and justice services. The opportunities are limitless and apply to vulnerable people across all services and supports (Health, Education, Justice and Social Care for example) with a potential worldwide application.

 <http://www.e-bug.eu/peereducation/>


Resources designed to supporting sharing information, discussion and peer to peer education on health and hygiene. Four peer education packs available plus a school activity pack, as well as certificates to download and give to attendees.


 <http://www.rcpch.ac.uk/and-us-resources>


Recipes for Engagement: Children and young people in the lead


More resources from the &Us initiative at the RCPCH that demonstrate how children and young people can take the lead in health matters.


Professional Bookshelf

 Acuña Mora M, Moons P, Sparud-Lundin C, Bratt EL, Goossens E. Assessing the level of evidence on transfer and transition in young people with chronic conditions: protocol of a scoping review. *Syst Rev*. 2016 Sep 29;5(1):166.


 Denny S, Farrant B, Utter J, Fleming T, Bullen P, Peiris-John R, Clark T. The Prevalence of Postgraduate Education in Youth Health Among High School Clinicians and Associated Student Health Outcomes. *J Adolesc Health*. 2016 Nov;59(5):555-561.


 Holley S, Morris R, Knibb R, Latter S, Liossi C, Mitchell F, Roberts G. Barriers and facilitators to asthma self-management in adolescents: A systematic review of qualitative and quantitative studies. *Pediatr Pulmonol*. 2016 Oct 7.


 Khadr SN, Jones KG, Mann S, Hale DR, Johnson AM, Viner RM, Mercer CH, Wellings K. Investigating the relationship between substance use and sexual behaviour in young people in Britain: findings from a national probability survey. *BMJ Open*. 2016:Jun 30;6(6):e011961

 McDonagh JE, Shaw KL, Prescott J, Smith FJ, Roberts R, Gray NJ. "Sometimes I feel like a pharmacist": identity and medication use among adolescents with juvenile arthritis. *Pediatr Rheumatol Online J*. 2016 Oct 19;14(1):57.

 Patton GC, Sawyer SM, Ross DA, Viner RM, Santelli JS. From Advocacy to Action in Global Adolescent Health. *J Adolesc Health*. 2016 Oct;59(4):375-7.

 Riley M, Ahmed S, Lane JC, Reed BD, Locke A. Using Maintenance of Certification as a Tool to Improve the Delivery of Confidential Care for Adolescent Patients. *J Pediatr Adolesc Gynecol*. 2016 Aug 16 [Epub ahead of print]

 Salam RA, Faqqah A, Sajjad N, Lassi ZS, Das JK, Kaufman M, Bhutta ZA. Improving Adolescent Sexual and Reproductive Health: A Systematic Review of Potential Interventions. *J Adolesc Health*. 2016 Oct;59(4S):S11-S28.

 Suris JC, Larbre JP, Hofer M, Hauschild M, Barrense-Dias Y, Berchtold A, Akre C. Transition from paediatric to adult care: what makes it easier for parents? *Child Care Health Dev*. 2016 Sep 13.

Research

Survey request from the Teenage and young adult cancer priority setting partnership

Teenage and young adult cancer priority setting partnership are asking the following groups of people to complete a survey:

- (i) People who have been diagnosed or treated for cancer when they were between the ages of 13 and 24 years old (it does not matter what age they are now)
- (ii) Relatives/friends/partners/carers of someone who has been diagnosed or treated for cancer between the ages of 13 and 24 years old
- (iii) Professionals working with teenagers/young adults with cancer.

The survey is available here: <https://survey.onlinesurveys.ac.uk/tyapsp>

Further information about the project:

<http://tyac.org.uk/events/events.tyasp.html>

Contact email: tyapsp@gmail.com

Forthcoming Dates for your Diary!

2016

November 4	How to manage: child mental health in general paediatrics RCPCH London	http://www.rcpch.ac.uk/courses/how-manage-child-mental-health-general-paediatrics
4-8	Anit-Bullying Week 2016 Power for Good	http://anti-bullyingalliance.org.uk/anti-bullying-week
9	Improving the Transition from Paediatric to Adult Health Services Developing effective transition pathways and maintaining long term engagement with young people Manchester	http://www.sbk-healthcare.co.uk/home/title/2160/transition-from-paediatric-to-adult-health-services/
November 22	Connecting Research and Practice in Children and Young People's Mental Health Child Health Research Network University of Manchester	Free conference 9-4pm A variety of research projects from across the UK focussing on children and young people's mental health will be presented in this one-day free conference. The day will be both multi-disciplinary and multi-methodological with researchers from variety of disciplines .Topics include: exercise and mental health, self-care, online support, LGBT youth mental health, parenting, therapeutic assessment in self-harm, risk assessment, and young people's mental health advocacy. Jane Mann – Research Deanery, University of

		Manchester, jane.mann@manchester.ac.uk Tel: 0161 306 7900
December 8-10	Excellence in Paediatrics London	https://www.cvent.com/events/8th-eip-conference/registration-c7623ab459914f8cae6ed3895726f2b1.aspx Includes a specific Adolescent Medicine Programme

2017		
January 26	3rd National Adolescent Rheumatology Symposium UCL, London	The Arthritis Research UK Centre for Adolescent Rheumatology will be hosting its 3rd one day National Symposium on Adolescent Rheumatology. The meeting will consist of speakers drawn from UCL, across the UK and internationally, who will be speaking on a wide range of novel and exciting topics related to adolescent rheumatology. There will also be a poster session. Brenda Bell brenda.bell@ucl.ac.uk http://www.eventbrite.com/e/3rd-national-adolescent-rheumatology-symposium-tickets-26804013526
February 1	Children's Policy Research Unit Drawing on data to transform lives: improving services for vulnerable adolescents UCL/GOSH ICH London	<i>The Children's Policy Research Unit (CPRU) is a consortium led from the UCL Great Ormond Street Institute of Child Health (ICH) in partnership with the National Children's Bureau (NCB), the Anna Freud Centre and the Social Care Institute of Excellence (SCIE). Their aim is to provide evidence for policy and practice for the health and wellbeing of children, young people and families. CPRU is funded as part of the Department of Health Policy Research Programme.</i> This event brings together leading researchers and policy makers from the fields of health, education and social care, to show how routinely collected 'big data' can improve services for vulnerable adolescents. We will focus on the public health and individual burden of adolescent vulnerability, including its immediate and far reaching consequences, and on improving and evaluating services for this group of young people - all using routinely collected data. The day will finish with a panel discussion on how to best use research to improve services and outcomes. https://www.eventbrite.co.uk/e/drawing-on-data-to-transform-lives-improving-services-for-adolescents-registration-27992863408
May 12-14	TOWARDS HEALTH AND WELLBEING FOR ALL ADOLESCENTS BY 2030" The Egyptian Society for Adolescent Medicine Cairo.	http://adolescents-eg.org/templates/frontend/home.html

May 24-26	RCPCH Annual Meeting Birmingham, UK	www.rcpch.ac.uk "Getting into young heads - the needs of children and young people'– Joint YPHSIG & Mental Health session Wednesday 24 May 2017 from 14:00 - 17:45.
July	Euteach summer school Lausanne, Switzerland	Dates and details to follow www.euteach.com
September 22	RCPCH YPHSIG Clinical symposium RCPCH London	Details to follow Check www.yphsig.org.uk for updates
October 27-29 <i>NB amended date</i>	11th IAAH world congress New Delhi India	www.iaah2017congress.org (NB amended website)

Do you know of any other useful resources or opportunities for professional development in adolescent health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk