

Adolescent Resource Newsletter

November 2017



To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child Health (www.yphsig.org.uk)

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*****YPHSIG is now 10 years old and getting a re-vamp***
so has got a new membership system.**

If you are either a current member OR would like to become a member the annual subscription is £30 which will cover your membership up until 30th September 2018. Please email admin@yphsig.org.uk to join/renew YPHSIG membership.

**Also, in the next few months there will be a call
for nominations to the steering group
so please consider joining,
if you are interested in shaping the next 10 years of YPHSIG
and continue to help improve the health of young people!**

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Initial findings from major NIHR funded research into transition and developmentally appropriate health care for young people now available.

 <https://research.ncl.ac.uk/transition/>

The NIHR funded Transition research programme addressing how health services can contribute most effectively to facilitating successful transition of young people with complex health needs from childhood to adulthood has recently ended and resources from the final dissemination event in October are now available on the project website including the implications of the research findings for all the key stakeholders including commissioners as well as young people and health professionals.
(<https://research.ncl.ac.uk/transition/resources/>)

Also see an interview with the Chief PI of the project – Professor Allan Colver in the BMJ
<http://www.bmj.com/content/359/bmj.j4903>

Making Healthcare Work for Young People.

A toolkit to support delivery of “Developmentally appropriate Healthcare” in the NHS

As part of the above research, a toolkit arising from one of the research workstreams (Farre A, Wood V, McDonagh JE, Parr JR, Reape D, Rapley T; Transition Collaborative Group. Arch Dis Child. 2016 Jul;101(7):628-33.) has been developed to support the delivery of developmentally appropriate healthcare in the NHS.

 <https://www.northumbria.nhs.uk/dahtoolkit>

This toolkit gives practical suggestions about how healthcare can be tailored to young people’s needs as they develop and change through adolescence into young adulthood – such care is termed ‘Developmentally Appropriate Healthcare’ – or DAH.

The toolkit is designed to support everyone working in the NHS, from clinicians to chief executives, to promote the health of young people and to play their part in making healthcare work for this age group.

Young People’s Webwatch

 <http://www.ukyouthparliament.org.uk/makeyourmark/>

Every year the UK Youth Parliament undertakes the largest national youth consultation across the UK to find out what is the most important topics for 11-18 year olds. RCPCH supported the consultation taking it out on the road to hospitals, giving young people in health settings the chance to have their voice heard.

On Oct 18th, members of the UK Youth Parliament announced the results of the 948,677 votes cast and which topics will be debated at the House of Commons by young people on **10 November**.

 <https://www.rcpch.ac.uk/news/rcpch-newsletter-autumn-2017>

The autumn 2017 edition of *Focus* was taken over by children and young people (CYP). This special edition brings you RCPCH news and features on the issues CYP care about like the transformation of mental and transgender health services.

 <https://www.childrenshealthscotland.org/resource/young-people-in-hospital/>

This booklet (also in MP3 audio format) developed by Children’s Health Scotland (formerly Action for Sick Children Scotland) aims to help young people prepare for a hospital visit and answer some of the questions they may have. It also points them to other sources of help and information.

 https://www.facebook.com/pg/NHSEnglandYF/videos/?ref=page_internal

The NHS Youth Forum have produced three short films to advise young people that they have got rights, and what these rights are with a poster series on privacy, rights and confidentiality. Please share the films far and wide and print the poster series and display them in your local healthcare setting (hospital)

Professional Webwatch

 <http://www.youngpeopleshealth.org.uk/key-data-on-young-people>

The latest edition of Key Data is now available from the Association for Young People's Health. Supported by the Health Foundation, *Key Data on Young People 2017* offers a compendium of publicly available data on young people in a comprehensive, accessible form, with interactive charts allowing data download and links to a wide range of related resources.

Transgender Resources for professionals

<http://www.mermaidsuk.org.uk/>

<http://www.mermaidsuk.org.uk/resources-for-professionals.html>

<https://www.gires.org.uk/>

<https://www.gires.org.uk/trans-health-factsheets/>

<http://www.fixers.org.uk/feel-happy-fix/feel-happy-with-my-gender-fix.php>

<https://www.carnegieuktrust.org.uk/>


 **#NotWithoutMe: A digital world for all? (2017)**

This report from the CarnegieUK Trust explores the issues of digital exclusion amongst vulnerable young people. The #NotWithoutMe programme challenges the assumption that young people are 'digital natives' and have basic digital skills or access to learning opportunities. The report's main findings are drawn from four, year-long pilot projects run across the UK (two based in England, one in Scotland and one in Northern Ireland). The report provides a range of recommendations to help further develop innovative practice and policy interventions in this area


Professional Bookshelf

BMA Medical Book of the Year award 2017

 Neinstein LS, Katzman DK, Callahan ST, Gordon CM, Joffe A, Rickert VI (eds) Neinstein's Adolescent and Young Adult Health Care: A Practical Guide, 6th Edition, Published by Wolters Kluwer, March 2016 (ISBN: 9781451190083 £98)


 Apter D. Contraception options: Aspects unique to adolescent and young adult. Best Pract Res Clin Obstet Gynaecol. 2017 Sep 28.. [Epub ahead of print] Review.

 Barrense-Dias Y, Berchtold A, Surís JC, Akre C. Sexting and the Definition Issue. *J Adolesc Health*. 2017 Nov;61(5):544-554.


 Burns K, Farrell K, Myszka R, Park K, Holmes-Walker DJ. Access to a youth-specific service for young adults with type 1 diabetes mellitus is associated with decreased hospital length of stay for diabetic ketoacidosis. *Intern Med J*. 2017 Oct 16. [Epub ahead of print]

 de Castro F, Barrientos-Gutierrez T, Braverman-Bronstein A, Santelli J, Place JM, Eternod-Arámburu M, Hernández-Avila M. Adolescent Access to Information on Contraceptives: A Mystery Client Study in Mexico. *J Adolesc Health*. 2017 Oct 18. [Epub ahead of print]


 Daley AM, Polifroni EC, Sadler LS. "Treat Me Like a Normal Person!" A Meta-Ethnography of Adolescents' Expectations of Their Health Care Providers. *J Pediatr Nurs*. 2017 Sep - Oct;36:70-83

 Farre A, McDonagh JE. Helping Health Services to Meet the Needs of Young People with Chronic Conditions: Towards a Developmental Model for Transition. *Healthcare (Basel)*. 2017 Oct 19;5(4).

 Fogler JM, Burke D, Lynch J, Barbaresi WJ, Chan E. Topical Review: Transitional Services for Teens and Young Adults With Attention-Deficit Hyperactivity Disorder: A Process Map and Proposed Model to Overcoming Barriers to Care. *J Pediatr Psychol*. 2017 Nov 1;42(10):1108-1113.

 Griffin A. Adolescent Neurological Development and Implications for Health and Well-Being. *Healthcare (Basel)*. 2017 Sep 29;5(4). pii: E62. doi: 10.3390/healthcare5040062. Review.

 Hirani K, Cherian S, Mutch R, Payne DN. Identification of health risk behaviours among adolescent refugees resettling in Western Australia. *Arch Dis Child*. 2017 Oct 24. [Epub ahead of print]

 Marcell AV, Burstein GR; COMMITTEE ON ADOLESCENCE. Sexual and Reproductive Health Care Services in the Pediatric Setting. *Pediatrics*. 2017 Oct 23. [Epub ahead of print]

 Society for Adolescent health and medicine. The use of medication by adolescents and young adults. *J Adol Health* 2017;61:396-399

Forthcoming Dates for your Diary!

Also check out: <http://www.youngpeopleshealth.org.uk/events/events-calendar>

2017

November 6-12	National Youth Work Week <i>Youth Services: youth work for today and tomorrow</i>	http://www.nya.org.uk/supporting-youth-work/youth-work-week/
December 7-9	Excellence in Paediatrics Vienna	Includes a significant Adolescent Health track http://eip-pediatrics-institute.ineip.org/

2018

February 21 *New*	AYPH Conference, ICH London	Further info to follow www.youngpeopleshealth.org.uk
March 14-17	Society of Adolescent Health and Medicine <i>Global Adolescent health Equity , Seattle USA</i>	http://www.adolescenthealth.org/Meetings/2018-Annual-Meeting.aspx
June 29 *NEW*	3 rd annual Northwest Transition conference Liverpool	Further info to follow
December 5 *NEW*	RCP Conference <i>Adolescents and young adults: Improving health and wellbeing in 2018</i> London	Further info to follow https://www.rcplondon.ac.uk/events/adolescents-and-young-adults-improving-health-and-wellbeing-2018

***Do you know of any other useful resources or opportunities for professional development in adolescent health?
If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk***